


# Central Vermont Medical Center



## 2025 Philanthropy Impact Report

*October 1, 2024 to September 30, 2025*

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Central Vermont Medical Center (CVMC), founded in 1963, is the primary healthcare provider for over **68,000 people** in our rural region of Vermont. Our hospital, **25 community-based medical practices, and Woodridge Rehabilitation and Nursing** are an essential source of high-quality care. Our **194 physicians and advanced practice providers** support 24-hour emergency care, and a full spectrum of inpatient and outpatient services, with **over 408,000 patient care encounters**, including over 28,000 emergency care visits, each year. **Our more than 1,500 employees make CVMC the largest private employer in Central Vermont.** As part of a rural academic health system, we combine the best of community-based care with medical innovation and research – to bring care as close to home as possible. We’re addressing the social drivers of health that affect access and affordability. Through our innovative workforce development programs and partnerships focused on housing, childcare and transportation, we’re advancing economic stability and helping build a healthier, more equitable future for all Vermonters.

### **UVM Health mission and vision:**

**Mission:** Healthier communities. Healthiest lives. Together.

**Vision:** Reimagining Rural Health. Leading with Innovation. Transforming Lives.

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## Board of Trustees

*CVMC's local board of trustees includes community members and oversees community health and quality at the local level, with representation on the UVM Health board and input into board decisions through representation on health system committees.*

### **Current Trustees serving in 2026:**

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**Matthew D. Sullivan, MD** - Chair, Campus Advisory Committee and Green Mountain Family Practice

**Todd Daloz** - Assistant Attorney General, Director of Policy and Legislative Affairs, Vermont Attorney General's Office

### **We thank our former trustees who served in 2025:**

**Ryan Clouser, DO, FCCM** - Former Campus Advisory Committee Chair, UVM Health Medical Group; Chief Medical Officer, University of Vermont Health - Central Vermont Medical Center

**Connie Colman, RN, BSN, MEd** - (retired) Director of Quality Management, Central VT Home Health and Hospice

**Mike Dellipriscoli** - Part-time Lecturer, University of Vermont Grossman School of Business, Principal Consultant, Dellipriscoli Consulting

**Sunil "Sunny" Eappen, MD, MBA** - Former Chief Executive Officer, UVM Health Network

**Benjamin Smith, MD** - Former Campus Advisory Committee Chair-Elect

# A Message from Anna

For 58 years Central Vermont Medical Center has stood as a trusted partner in health care, serving generations of families with compassion and commitment. That history is a source of pride—and a reminder of the responsibility we carry to ensure access to high-quality care for everyone in our region.

As the new year begins, I want to take a moment to reflect on our 2025 accomplishments together in support of our mission: to provide the best possible care for our patients, our Woodridge residents, and our central Vermont community. Our team is more than a group of dedicated health care professionals; we are your neighbors, friends, and family. I am grateful every day for their commitment to providing excellent care.



I am also grateful for your support of CVMC. With your help, we achieved remarkable milestones in 2025:

We introduced a state-of-the-art Linear Accelerator at the **National Life Cancer Treatment Center**, delivering highly accurate radiation in 10-minute sessions. Our Branches of Hope Fund continued to support patients in treatment and their families with essentials like transportation, housing, medical expenses, and more.

In **collaboration with the Central Vermont Prevention Coalition** CVMC primary care offices conducted over 3,000 alcohol use disorder screenings and provided evidence-based medications at ten times the national average.

CVMC continued our commitment to **growing the health care workforce**. This year, we graduated 21 individuals from nursing, medical assistant, and allied health programs, strengthening the pipeline of skilled professionals for our community.

We also launched a pilot of **Ceribell**, an AI-enabled headband that detects seizures in ICU and ED settings. In its first two weeks, 22 patients were monitored, enabling rapid treatment and reducing unnecessary transfers.

This year CVMC began offering **24/7 midwifery coverage** for low-risk pregnancies. Our expanded services include surgical gynecology, menopause care, and integrated mental health support.

On behalf of all of us at CVMC, I want to express my deepest gratitude for your trust and support. Together, we have weathered challenges and celebrated successes, and together, we will build a healthier, more resilient future for central Vermonters.

With Gratitude,

Anna Tempesta Noonan, BSN, MS  
President and Chief Operating Officer



## CVMC Highlights and Partnerships

### CVMC Emergency Department Celebrates Highest Recognition for Pediatric Readiness

“CVMC has achieved the highest level of pediatric emergency readiness in Vermont through its participation in our statewide initiative,” said David Nelson, MD, a pediatric emergency physician at University of Vermont Medical Center who leads Vermont’s program to improve pediatric emergency services for children. National data show that high levels of pediatric readiness in emergency departments are associated with major reductions in mortality risk and save thousands of children’s lives each year.

### Central Vermont Prevention Coalition (CVPC)

CVPC brings together partners across healthcare, education, recovery, and community organizations to create a unified system of care that promotes wellness, prevents substance use, and ensures that help is available at every stage. To learn more, visit: [www.cvprevention.org](http://www.cvprevention.org)

#### Prevention

Social norms campaign at Twinfield and Harwood HS reached over 1,000 youth and parents. 1 new SAP hired at Twinfield High School.

#### Harm Reduction

26 Nalox Boxes installed at 7 community sites in Central Vermont.

#### Intervention

Over 3,000 patients at CVMC Primary Care Practices annually receive the Alcohol Use Disorders Identification Test to screen for and then treat Alcohol Use Disorder.

#### Recovery

1,411 individuals served through the Recovery Coaches in ED program from 2020-2025.

# CVMC Open House Series 2025 supported by Philanthropy

## M Factor Film Screening and Menopause Discussion

Hosted in collaboration with Green Mountain United Way, over 60 guests attended a showing of the documentary *M Factor: Shredding the Silence on Menopause*. Following the film, Colleen M. Horan, MD, MPH, FACOG, MSCP, a fellow of the American College of Obstetricians and Gynecologists and a Menopause Society Certified Practitioner, led an informative and lively discussion.



## Nursing and Clinical Pathway Program Open House

Held at our Education and Simulation lab, supporters, including representatives of M&T Bank, Union Mutual Insurance, and Senator Peter Welch's office gathered to meet with and learn from members of our [Nursing and Clinical Pathway Program](#). Five graduates of the program shared their education journeys and conducted simulations in the labs. This inspirational evening highlighted the importance of the Pathway program and the support of our donors who make it possible for our team to deepen their commitment to healthcare and to Central Vermont. Thank you to all who support this innovative and important program.



## American Delivery Film Screening and Discussion

As part of Nursing Care Team Week, Travis Beebe-Woodard, MSN, RN, Director of Inpatient Services, and Monica Cerminara, RN, Nurse Manager, presented the Vermont debut of *American Delivery* a documentary film that explores the roles nursing and midwifery can play in solving a crisis in American obstetrical care. A terrific CVMC panel from OB, Midwifery, Gynecology, Family Medicine, and Women and Children discussed how the film relates to Vermont and the integrated care provided at CVMC.





## **CVMC Philanthropy at Work**

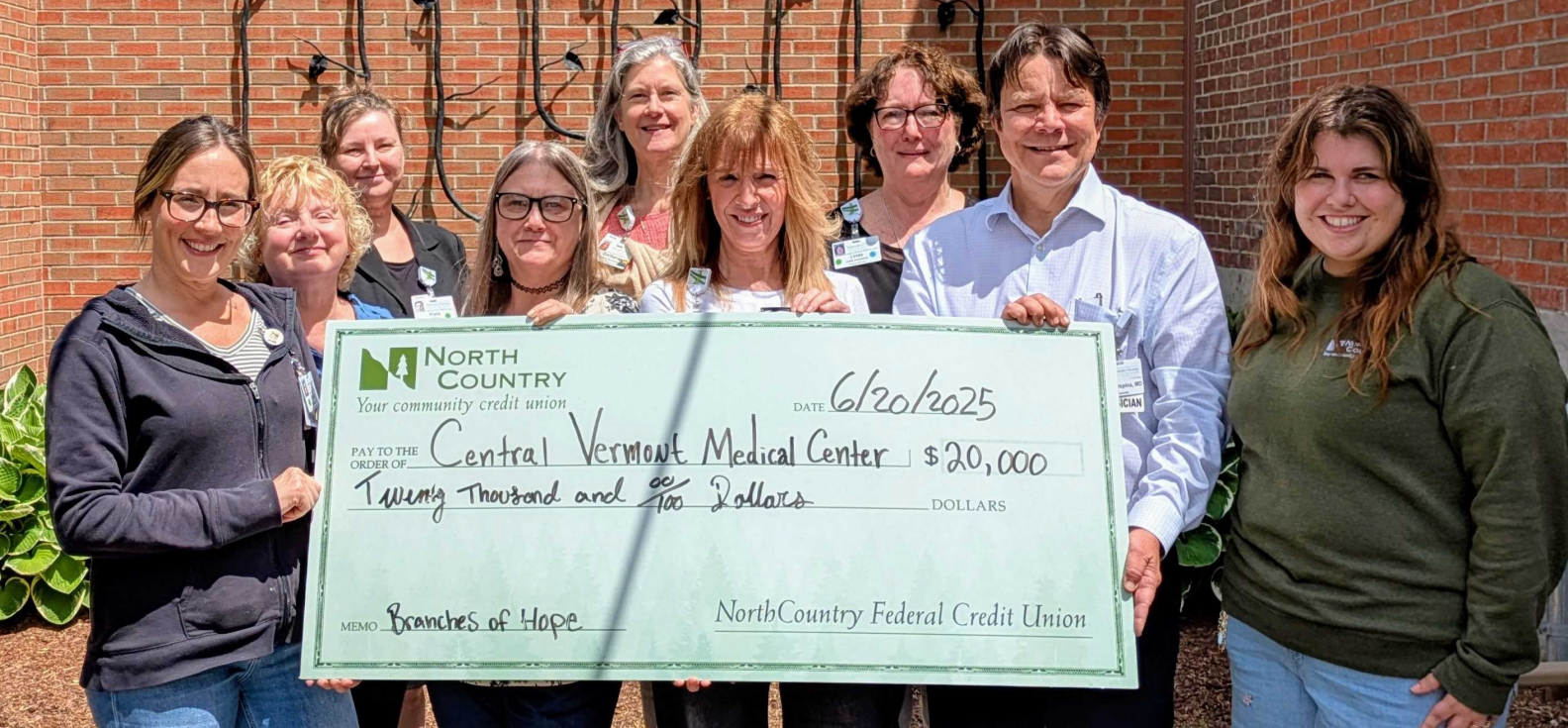
### **CVMC rolls out Good Grants Program**

In the Spring, we launched our internal grant program previously run by the CVMC Auxiliary. With support from the CVMC Annual Fund matched by endowment resources, grants range between \$250 to \$5,000 for projects that advance our mission and strategic priorities. Projects that greatly impact patient care, equipment that could make a difference, educational programs for skill advancement, are considered and reviewed twice per year. Funded requests included:

- Childbirth Education Curriculum and anatomically correct education dolls—supported the restart of this critical service for our community
- Education/orientation resource for our Operating Room (OR) staff during initial OR training
- Supplies for patients discharged from Emergency Department, including clean warm clothing, sleeping bags
- AED CPR trainer devices
- Super Ears for patients with hearing impairment

### **ARCTIC Sun System**

Made possible through philanthropy, CVMC purchased the ARCTIC Sun System. A revolutionary temperature management system that is transforming critical care medicine, the ARCTIC Sun offers hope and improved outcomes for patients facing life-threatening conditions, including cardiac arrest, traumatic brain injury, and stroke. This cooling and warming device wraps around a patient to maintain that patient at a set body temperature to prevent fever and improve the prognosis for brain recovery after cardiac arrest. Having these devices will allow cardiac arrest patient to stay at CVMC close to family.



# Branches of Hope Cancer Patient Fund

With over fifteen years of unwavering support for our patients and their families, CVMC’s Branches of Hope (BOH) Cancer Patient Fund at CVMC National Life Cancer Treatment Center provides financial grants to help with both routine and unexpected expenses that create a barrier to cancer care and treatment.



Philanthropy is the cornerstone of the Branches of Hope. Providing financial support to 142 individuals in 2025, the Branches of Hope Fund has a profound impact on our friends and neighbors who are facing cancer. Throughout the year, we highlighted the good work being done by Branches of Hope. Our cancer center team tabled at **Do Good Fest** and partnered with **802 Subaru** and the **Leukemia & Lymphoma Society** to deliver 80 custom blankets with heartfelt messages of hope to our cancer patients. **Darn Tough VT** provided 360 pairs of socks for our cancer patients. In August, **802 Credit Union** staff chose Branches of Hope to be the recipient of their annual philanthropic grant. We extend our sincere gratitude to all individual, corporate, and foundation supporters including **National Life Group Charitable Foundation** for their generous and ongoing support of Branches of Hope and our cancer patients!

**With the help of our generous donors we raised over \$72,000 in 2025 to help support our cancer patients and their families.**

*“...There’s no go between. Branches of Hope directly helps people that are going through cancer and it’s very important for our community to help our neighbors and get them a helping hand when they’re in need of help. Cancer is not easy mentally or physically. It’s not easy on your family. And when people step up to help, it just gives you a lot more hope.” – CVMC Patient*



## Woodridge Life Enrichment Fund

### Beautiful and Beneficial: Woodridge Pollinator Project Breaks Ground

2025 saw the groundbreaking for the long awaited and planned pollinator garden. Residents at Woodridge Rehabilitation and Nursing are celebrating their new pollinator garden outside of the Ben Falls Room. The Pollinator Project originated in 2023 with support to the Woodridge Life Enrichment Fund from many individuals and was boosted by support from **NorthCountry Federal Credit Union** in 2024 to truly make the residents' wishes a reality. This 760 square foot garden habitat was designed for pollinating birds and insects. Residents not only led the planning and fundraising, but they also hand-picked the perennial, non-invasive plants indigenous to Central Vermont. The garden space edges the surrounding meadows to invite birds and beneficial insects, enhancing the patio at Woodridge for guests, residents and staff to enjoy.

To read the full article scan the QR code

or visit [Beautiful and Beneficial: Woodridge Pollinator Project Breaks Ground - The Bridge](#)

A gift to the Woodridge Life Enrichment Fund supports individual and group activities, entertainment, and fun for our residents.

*"The residents are so excited to see this project finally come to fruition. They were working very hard for two years to make it happen and it is really great to see." - Harriet Galfetti, Woodridge Resident and the Pollinator Group member.*



# Nursing and Clinical Pathways Fund

In June 2025, we saw over 30 employees from hospitals throughout University of Vermont Health graduate from the health system's [Pathway Program](#).

The financial support available to employees is due in large part to the generous donations of **Union Mutual** and **Vermont Mutual Insurance Group**, as well as individuals, and includes system-wide support from the **M&T Charitable Foundation** and the **UVMHN David and Eleanor Ignat Nursing Fund**.

Total number of CVMC  
graduates in 2025  
across all WFD Pathway  
Programs

21

Current CVMC  
participants actively  
enrolled in all WFD  
Pathway Programs

20

*“To see this program grow from the original group of thirteen to over thirty graduates is astounding. To see lives change and people open up pathways for themselves and their families really shows the impact we are trying to create.”* - Megan Foster, workforce development program manager for the health system and one of the architects of the original program at CVMC.





## Health Care Share Fund

This fund helps support our partnership with the [Vermont Youth Conversation Corps \(VYCC\)](#) as we connect CVMC patients to fresh, certified Organic food grown at the VYCC farm, powered by youth engagement. This fund received strong support from the community, including **Shaw's Foundation** and **Hunger Mountain Co-Op**. Our Health Care Share program was selected by **Lawson's Finest Liquids** as a featured project for its Sunshine Fund. This alternative to tipping generated over \$7K from generous customers in Lawson's taproom.

Not surprisingly, CVMC staff understand the benefits of access to healthy food for our patients and they demonstrate their commitment by helping sustain the Health Care Share program through payroll deductions. **In addition to supporting VYCC, CVMC was able to once again provide turkeys for the Harvest Share in November thanks to the generosity of our donors.**

*"I always feel healthier during the months that I receive the health share. My energy is better. My outlook is better. My digestive system works better during those months" - 2025 Health Care Share participant*

From June to November, the program supports our patients and their families to eat more vegetables and healthy proteins, reduce medications, try new foods and recipes and achieve better health outcomes.

**With 168 shares, we reach over 400 household members each season.**

Scan the QR code with your phone to read the 2025 VYCC Health Care Share Report.



# Health Care Scholarship Fund

## BeneFit Shop supports students with 1:1 scholarship match!

In 2025, we were able to offer **six education scholarships of \$2,500!** The now-independently run [BeneFit Shop](#) made a generous donation to CVMC of \$7,500 in 2025 to support our scholarship program. The BeneFit Shop's contribution combined with a portion of sales from the CVMC Gift Shop meant that we were able to offer six scholarships to area high school seniors and adult learners.

**We thank our staff and volunteer committee for their time and thoughtful review of scholarship applications:** Julia Morgan, Marta Cambra, Barbara McAndrew, Amy Gendron, Lauren Briere, Teresa Voci, and Amanda Swift.

**2025 Scholarship Recipients:** Zoey Gallagher, Sophia Mancini, Haylee North, Rhiana Russell, Lauren Thomas, Jorja Washburn.

*"My first semester went very well. I ended my first semester with a 3.8 GPA. University of Hartford is expensive, so this scholarship helped me greatly. It allowed me to put some money towards my tuition, to purchase books for classes, and to put some money away for when I have to buy my clinical uniforms. Thank you again for this award. I really appreciate it!" - Jorja, 2025 Health Care Scholarship Recipient*

## Palliative Care Fund

This fund helps support the extraordinary efforts of our palliative care team. Our expert team manages comfort care with an emphasis on symptom management, as well as care for the emotional and spiritual needs of patients with serious illnesses. Our team focuses on improving the patient and family experience so that their hospital stay or final journey is one of peace and comfort. Contributions to this fund help make that happen.

## Meghan Couture Fund

Meghan's Comfort Bags continue to be a thoughtful way to support loved ones of patients facing longer-term hospital stays. These bags contain full-sized toiletries, bringing the comforts of home to families caring for loved ones at the end of their lives and help them be more restful and comfortable. **A gift of \$30 or more helps CVMC provide a comfort bag to those in need.**

**If you are interested in learning more about Meghan Comfort Bags program or Palliative Care Fund, please contact CVMC Development team at 802-371-4464.**

## CVMC Gift Shop

Our Gift Shop is a hub of connection at CVMC. Located in the main lobby of the hospital, the Gift Shop continues the mission originated by the CVMC Auxiliary: offering a beautiful assortment of gifts, cards, flowers, clothing, bags and so much more. Our Gift Shop manager, Jean Lund, is supported by a talented and caring team of community volunteers. We welcome patients, visitors, staff, and the public for shopping, a visit or just a respite when needed. Every purchase at the Gift Shop contributes to CVMC's mission, our Health Care Scholarship Fund, and the Comfort Shawl Program.

**Proceeds support the CVMC, Health Care Scholarship Fund, and the Shawl Program.**



## Comfort Shawl Program

The CVMC Auxiliary established a knitting group in 2012 open to anyone in central Vermont interested in making items for patients and their families. This dedicated group of volunteers makes approximately 250 comfort shawls each year. Chaplain Patsy Fortney offers comfort shawls to patients and their families throughout the hospital. Comfort shawls are also offered at the cancer center and to Woodridge Rehabilitation and Nursing. Proceeds from Gift Shop sales fund the purchase of yarn and labels for the shawls. If you would like more information about this program please contact **Julia Page, Volunteer Services Manager** at [julia.page@cvmc.org](mailto:julia.page@cvmc.org).

## CVMC Art Gallery

CVMC Art Gallery is located in the lobby of the hospital. It displays works by Vermont contemporary artists, working in various mediums, including textiles, printmaking, mixed media, painting, photography and more. Each exhibition is on view for eight weeks, with a reception and an artist talk.

### Thank You 2025 Artists!

- ▶ Rob Hitzig—Intuitive Cartography
- ▶ Elisabeth Mazzilli - Piecework: Works of Wool and Fabric
- ▶ Cathy Cone—Garden of Dreams
- ▶ Vermont Pastel Society—Many Visions: Nine Central Vermont Pastellists
- ▶ Carole McNamee—One Artist: Many Paths
- ▶ Gabriel Tempesta—Landscape and Wildlife
- ▶ Maggie Neale—Internal Wanderings

The Art Gallery is fully funded by philanthropy, and we always appreciate the support from our community. If you would like more information about the CVMC Art Gallery, please contact **Kate Arslambakova, Exhibitions Coordinator** at [Kate.ArsIambakova@cvmc.org](mailto:Kate.ArsIambakova@cvmc.org)



# Donors to CVMC



CVMC gratefully acknowledges our generous community of donors. The gifts listed below were given from October 1, 2024 to September 30, 2025. \*Deceased

- |                          |                                    |                                      |
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You may also provide your credit card information by phone to our development team at **802-371-4464**.



## CHECK

Please mail your check to:

Central Vermont Medical Center

Office of Development

P.O. Box 547

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## CVMC OFFICE OF DEVELOPMENT TEAM

**Kate Arslambakova** | Development Coordinator | [kate.arslambakova@cvmc.org](mailto:kate.arslambakova@cvmc.org) | 802-371-4464

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