Main Street Café

Menu for the week of October 22, 2018

MONDAY
Soup—Cream of Broccoli* ........................................ $2.00
Soup - Chicken Tortilla ........................................ $2.00
Caesar Salad—Romaine lettuce tossed with Drew’s
dressing, parmesan cheese and croutons ............... Plain $3.95
.............................................................................. Salmon $5.95
.............................................................................. Curry Shrimp $5.95
Pizzas:
#1 BBQ Chicken, cilantro, red onions and cheddar
cheese ............................................................... $3.75
#2 Mushroom, spinach, roasted garlic, olive oil, smoked
mozzarella cheese .............................................. $3.25
#3 Mozzarella cheese with tomato sauce ................ $2.75

TUESDAY
Soup—Three Mushroom* ........................................ $2.00
Soup—Chicken Gumbo* ....................................... $2.00
Stew—Vegan Chili* ............................................... $4.00
Fennel crusted pork loin served with a red wine demi-glace
and parmesan basil polenta ................................. $5.95

Pizza:
#1 Roasted cauliflower, red onions, garlic, ground pork,
with sage, and chopped apples .......................... $3.75
#2 Green chilies, black beans, diced tomato, chopped
cilantro, diced sweet potato, diced avocado and
Pepper Jack cheese ............................................. $3.25
#3 Mozzarella cheese with tomato sauce ............. $2.75

WEDNESDAY
Soup—Corn Chowder* .......................................... $2.00
Soup—Chicken and Wild Rice* .............................. $2.00
Ziti tossed with roasted garlic, diced tomatoes, spinach,
artichokes, olive oil and white wine. Finished with basil
pesto drizzle. With White Beans (vegetarian) .......... $4.50
With Grassed Fed Meatballs (3) ......................... $4.95

Wraps: South Western Black Bean and Corn Stuffed
Potato with Pepper Jack Cheese and Chopped
Cilantro Sour Cream ........................................ $3.95

Whole wheat wrap with house roasted Italian beef, radicchio,
arugula, almond asiasi pesto and parmesan cheese...... $4.50

THURSDAY
Soup—Italian Wedding ........................................ $2.00
Soup—Curried Apple and Butternut Squash* .......... $2.00
Stew—Chicken Chili* .......................................... $4.00

Quesadillas
House baked salmon with mango, cilantro, sunflower
Pesto and manchego cheese ................................ $5.50
Roast zucchini with scallions, diced tomatoes, mozzarella,
roasted garlic and sun-dried tomato pesto .......... $4.50

Asian style chicken breast or tofu sautéed and served
On braised greens with red cabbage and finished
With mandarin oranges and cashew with
Chicken .......................................................... $5.25
Tofu .............................................................. $4.25

FRIDAY
Soup—New England Clam Chowder* ..................... $2.00
Soup—Wild Rice and Mushroom* ........................ $2.00
Fish of the Day .................................................. $5.50

House roasted chicken shredded and sautéed with tomatoes,
roasted red onions, Jamaican spices served with
black beans, sautéed kale and rice ....................... $5.25

* All gluten-free soups are prepared without gluten, in
accordance with the FDA definition of gluten-free. The
University of Vermont Medical Center is not a gluten-free
facility.

cont. on next page
# Main Street Cafe

*Menu for the week of October 22, 2018, Cont.*

**ALWAYS AVAILABLE**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deep River Chips</td>
<td>$1.00</td>
</tr>
<tr>
<td>Food Should Taste Good</td>
<td>$1.25</td>
</tr>
<tr>
<td>Planter’s Trail Mix</td>
<td>$0.95</td>
</tr>
<tr>
<td>Odwalla Bars</td>
<td>$1.50</td>
</tr>
<tr>
<td>VT Smoked and Cure Sticks</td>
<td>$1.70</td>
</tr>
</tbody>
</table>

**ALWAYS AVAILABLE**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assorted Bars and Cookies</td>
<td>$0.65—$0.85</td>
</tr>
<tr>
<td>Assorted Muffins, Scones and Pastries</td>
<td>$1.00—$1.25</td>
</tr>
<tr>
<td>Grab n Go Sandwiches</td>
<td>$3.25—$3.95</td>
</tr>
<tr>
<td>Green Mountain Greek Yogurt</td>
<td>$1.50</td>
</tr>
</tbody>
</table>

---

**OPEN MONDAY—FRIDAY 6:30 AM—2:00 PM**

**MENU & PRICING SUBJECT TO CHANGE**

---

[Image links to UVMHealth.org/MedCenter]