MONDAY
Soup—Roasted Garlic and Cauliflower ........................................... $2.50
Soup—Green Curry Chicken Soup ..................................................... $2.50
Stew—Corn & Bean Stew ................................................................. $4.00
Taco Bowl ...................................................................................... $4.75
Taco Beef, Black Beans, Corn & Rice, Coleslaw with Cilantro Lime Dressing, Salsa Verde, Tortilla Strips
Panini ............................................................................................. $4.25
Roasted turkey wrap with cheddar cheese and cranberry salsa
Special: Potato Crusted Red Fish ...................................................... $5.75

TUESDAY
Soup—Mulligawtany ................................................................. $2.50
Soup—Carrot Ginger Soup ............................................................... $2.50
Stew—Pollo Spezzatino ................................................................. $4.00
Red-Curry Shrimp Bowl served with Veggies over
Brown Rice ................................................................................... $5.75
Roasted chicken, spinach, mushrooms, Swiss, honey mustard in whole wheat wrap ........................................ $4.25
Special: Vegetarian Sheppard’s Pie ................................................ $4.00

WEDNESDAY
Soup—Corn Chowder* ................................................................. $2.50
Soup—Chicken Gumbo ..................................................................... $2.50
Stew—Vegetable Chili ................................................................. $4.00
Grilled Vegetable Ravioli with Vermont Fresh Sun-dried Tomato Pesto, White Wine served with Fresh Spinach tossed with Balsamic Vinaigrette, Walnuts, Vermont Apples and Gorgonzola Cheese ......................................................... $4.50
Turkey, Cheddar and Apples on a Croissant .................................. $4.25
Special: Fish of the Day ................................................................ $5.75

THURSDAY
Soup—Bean and Kale with Sausage .............................................. $2.50
Soup—Roasted Red Pepper Bisque ............................................... $2.50
Stew—Turkey Butternut Chili ......................................................... $4.00
Macaroni and Cheese ................................................................. $2.25
With Ham ...................................................................................... $3.95
With Broccoli ................................................................................. $2.75
Tuscan Freebird Chicken with Pesto, Spinach, Roasted Peppers and Provolone in Whole Wheat Wrap .......... $5.50
Special: Roasted Chicken ............................................................ $5.25

FRIDAY
Soup—New England Clam Chowder* ....................................... $2.50
Soup—Chicken Tortilla ................................................................. $2.50
Stew—Hearty Vegetable Stew ....................................................... $4.00
Greek Salad with Falafel ............................................................... $4.50
Romaine lettuce mixed with mesclun greens tossed in a lemon vinaigrette and garnished with olives, Feta cheese, red onions, & cucumbers served with or without Falafel
Coyote Quesadilla with Refried Beans, Green Chilies, Smoked Cheddar, Diced Tomatoes, on a Whole Wheat Wrap, Served with guacamole/ sour cream mix .............................................. $4.00

SATURDAY
Soup—Green Curry Chicken ....................................................... $2.50
Soup—Chilled Soup .................................................................... $2.50
Pork Tenderloin with Fruit Salsa served with Potatoes ........ $5.75
Southwestern Chili Turkey Wrap ................................................ $4.25
Black beans, roasted corn, peppers and onions with pepper Jack cheese

OPEN SEVEN DAYS 5:00 AM—3:00 AM
MENU & PRICING SUBJECT TO CHANGE

* All gluten-free soups are prepared without gluten, in accordance with the FDA definition of gluten free. The University of Vermont Medical Center is not a gluten free facility.
ALWAYS AVAILABLE

Off the Grill—Breakfast (6:00 am—9:30 am)
One Scrambled Egg ........................................ $0.75
   Add Cheddar Cheese .................................... $1.25
   Add Vegetable and Cheese ............................ $2.10
Two Scrambled Eggs ........................................ $1.50
   Add Cheddar Cheese .................................... $2.00
   Add Vegetables with Cheese ......................... $2.85
   Add Vegetable ........................................... $2.35
Egg Sandwich on Whole Wheat English Muffin
   Egg and Cheddar Cheese ............................... $2.05
   Egg, Vegetable and Cheddar Cheese ............... $2.30
   Egg, Sausage and Cheddar Cheese ................... $4.05
Snugg Valley Farm Sausage .............................. $1.95
Home Fries ................................................. $1.25

Off the Grill— Lunch and Dinner
Grilled Cheddar Cheese on VT Bread Co.
   Whole Wheat Bread ....................................... $2.15
Grilled Cheddar Cheese w/ choice of toppings
   (onions, mushrooms, peppers) ....................... $2.50
Charbroiled Beef Patty .................................. $2.65
Chicken Breast—plain or Cajun ......................... $3.15
Salmon Fillet ............................................... $4.00
Southwest Black Bean Burger ........................ $2.30
Additional Charges:
   Whole Wheat Roll ....................................... $0.75
   Choice of unlimited toppings ....................... $0.75
   Extra Cheese ........................................... $0.50

Vegetable of the Day .................................... $1.00

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