# Harvest Café

**Menu for the week of October 22, 2018**

**MONDAY**
- Soup—Cream of Broccoli* .................................................. $2.00
- Soup—Chicken Tortilla ......................................................... $2.00
- Beef Taco Salad ................................................................. $5.00
  - Boyden beef, lettuce, tomatoes, roasted peppers, cheddar cheese, salsa and sour cream with tortilla chips
- Panini ................................................ $4.25
  - Turkey, Parmesan Cheese, Tomato Pesto, Portobello Mushroom on Focaccia
- Special: Potato Crusted Red Fish ........................................ $5.25

**TUESDAY**
- Soup—Three Mushroom* .................................................. $2.00
- Soup—Chicken Gumbo ......................................................... $2.00
- Stew—Vegan Chili* .................................................. $4.00
- Caesar Salad ................................................................. $3.95
- Chicken Caesar Salad .................................................... $5.25
- Panini—Buffalo Freebird Chicken, Cheddar Cheese and Corn Relish Wrap .................................................. $4.25
- Special: Vegetarian Sheppard’s Pie ...................................... $3.25

**WEDNESDAY**
- Soup—Corn Chowder* .................................................. $2.00
- Soup—Chicken and Wild Rice ........................................... $2.00
- Sautéed Chicken or Vermont Soy Tofu with Curry Rice and Fresh Vegetables .................................................. $4.50
- Panini—Smoked Ham (*pork), Swiss Cheese, Honey Mustard Dressing on a Croissant Roll .................................................. $4.25
- Special: Fish of the Day .................................................. $5.25

*All gluten-free soups are prepared without gluten, in accordance with the FDA definition of gluten free. The University of Vermont Medical Center is not a gluten free facility.

**THURSDAY**
- Soup—Italian Wedding .................................................. $2.00
- Soup—Curried Apple Butternut Bisque .............................. $2.00
- Stew—Chicken Chili* .................................................. $4.00
- Homemade Macaroni and Cheese .................................... $2.25
  - With Broccoli .................................................. $2.75
  - With Ham .................................................. $3.25
- Panini—Bistro Club with Turkey, Ham, Tomatoes, Cheddar Cheese and Chipotle Mayonnaise .................................................. $4.25
- Special: Roasted Chicken ................................................ $5.35

**FRIDAY**
- Soup—New England Clam Chowder* ................................ $2.00
- Soup—Wild Rice and Mushroom ....................................... $2.00
- Tortellini Puttanescasa—VT Fresh Pasta Co., Tortellini, chopped Garlic, Onions, Capers, Black olives and Marinara Sauce .................................................. $4.50
- Panini—Roasted Garlic Hummus, Spinach, Tomatoes, Roasted Red Onions and Balsamic Drizzle .................................................. $3.75
- Special: Fish of the Day .................................................. $5.25

**SATURDAY**
- Soup—Seven Bean* .................................................. $2.00
- Soup—Chilled Soup of the Day .......................................... $2.00
- Sicilian Cod served with Rice and Chef’s choice
  - Vegetable .................................................. $5.75
  - Chicken Chili Wrap with Roasted Red Onions and BBQ Sauce, Onions and Pepper Jack Cheese .................................................. $4.25

**SUNDAY**
- Soup—Minestrone .......................................................... $2.00
- Chef’s Choice Chicken Special
  - Vegetable .................................................. $5.50
- Panini—Ham, Swiss and Honey Mustard on

**OPEN SEVEN DAYS 5:00 AM—3:00 AM**

**MENU & PRICING SUBJECT TO CHANGE**

[University of Vermont Medical Center](https://www.uvmhealth.org/medcenter)
Harvest Café
Menu for the week of October 22, 2018, Cont.

ALWAYS AVAILABLE

Off the Grill—Breakfast (6:00 am—9:30 am)
One Scrambled Egg ........................................ $0.75
Add Cheddar Cheese ....................................... $1.25
Add Vegetable and Cheese ............................. $2.10

Two Scrambled Eggs ..................................... $1.50
Add Cheddar Cheese ..................................... $2.00
Add Vegetables with Cheese ......................... $2.85
Add Vegetable ............................................. $2.35

Egg Sandwich on Whole Wheat English Muffin
   Egg and Cheddar Cheese ............................. $1.75
   Egg, Vegetable and Cheddar Cheese ............ $2.00
   Egg and Sausage with Cheddar Cheese ....... $3.75
   Snugg Valley Farm Sausage ....................... $1.95
   Home Fries .............................................. $1.00

Off the Grill—Lunch and Dinner
Grilled Cheddar Cheese on VT Bread Co.
Whole Wheat Bread ...................................... $1.95
Grilled Cheddar Cheese w/ choice of toppings
(onions, mushrooms or peppers) .................... $2.30
Whole Wheat Flax Pita Bread filled with Grilled
Vegetables and Shiitake Ginger Dressing .......... $1.95
Charbroiled Beef Patty .................................. $2.65
Chicken Breast—plain or Cajun ..................... $3.15
Southwest Black Bean Burger ....................... $2.30

Additional Charges:
Whole Wheat Roll ........................................ $0.35
Choice of unlimited toppings ....................... $0.50
Extra Cheese ............................................. $0.50

Vegetable of the Day ................................... $0.85

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