**MONDAY**

Soup—Roasted Garlic and Cauliflower ................................................. $2.50  
Soup—Green Curry Chicken Soup .......................................................... $2.50  
Stew—Corn & Bean Stew ........................................................................ $4.00  
Taco Bowl ................................................................................................ $4.75  
Taco Beef, Black Beans, Corn & Rice, Coleslaw with Cilantro  
Lime Dressing, Salsa Verde, Tortilla Strips  
Panini ........................................................................................................ $4.25  
Roasted turkey wrap with cheddar cheese and cranberry salsa  
Special: Potato Crusted Red Fish ............................................................. $5.75  

**THURSDAY**

Soup—Bean and Kale with Sausage ......................................................... $2.50  
Soup—Roasted Red Pepper Bisque ......................................................... $2.50  
Stew—Turkey Butternut Chili ................................................................. $4.00  
Macaroni and Cheese ............................................................................... $2.25  
With Ham .................................................................................................. $3.95  
With Broccoli ............................................................................................ $2.75  
Tuscan Freebird Chicken with Pesto, Spinach, Roasted  
Peppers and Provolone in Whole Wheat Wrap ............................... $5.50  
Special: Roasted Chicken ................................................................. $5.25  

**TUESDAY—HAPPY ST. PATRICK’S DAY!**

Soup—Mulligawtany ............................................................................... $2.50  
Soup—Carrot Ginger Soup ....................................................................... $2.50  
Stew—Pollo Spezzatino ........................................................................... $4.00  
Bourbon Glazed Corn Beef served with Cabbage, Potatoes, and  
Carrots ...................................................................................................... $6.00  
Roasted chicken, spinach, mushrooms, Swiss, honey  
mustard in whole wheat wrap ............................................................... $4.25  
Special: Vegetarian Sheppard’s Pie ......................................................... $4.00  

**FRIDAY**

Soup—New England Clam Chowder* ...................................................... $2.50  
Soup—Chicken Tortilla ............................................................................ $2.50  
Stew—Hearty Vegetable Stew ................................................................. $4.00  
Greek Salad with Falafel .......................................................................... $4.50  
Romaine lettuce mixed with mesclun greens tossed in a lemon  
vinaigrette and garnished with olives, Feta cheese, red onions,  
& cucumbers served with or without Falafel  
Coyote Quesadilla with Refried Beans, Green Chilies, Smoked  
Cheddar, Diced Tomatoes, on a Whole Wheat Wrap, Served  
with guacamole/ sour cream mix ............................................................ $4.00  

**WEDNESDAY**

Soup—Corn Chowder* ............................................................................. $2.50  
Soup—Chicken Gumbo ............................................................................. $2.50  
Stew—Vegetable Chili .............................................................................. $4.00  
Grilled Vegetable Ravioli with Vermont Fresh Sun-dried Tomato  
Pesto, White Wine served with Fresh Spinach tossed with  
Balsamic Vinaigrette, Walnuts, Vermont Apples and  
Gorgonzola Cheese ................................................................................. $4.50  
Turkey, Cheddar and Apples on a Croissant ........................................... $4.25  
Special: Fish of the Day .......................................................................... $5.75  

**SATURDAY**

Soup—Green Curry Chicken ................................................................. $2.50  
Soup—Chilled Soup ................................................................................. $2.50  
Pork Tenderloin with Fruit Salsa served with Potatoes .................... $5.75  
Southwestern Chili Turkey Wrap ......................................................... $4.25  
Black beans, roasted corn, peppers and onions with pepper  
Jack cheese  

**SUNDAY**

Soup—Minestrone .................................................................................... $2.50  
Chef’s Choice Chicken Special ............................................................... $5.25  
Turkey, Ham, Swiss Cheese and Honey Mustard on a  
Croissant ................................................................................................. $4.25  

* All gluten-free soups are prepared without gluten, in  
accordance with the FDA definition of gluten free. The  
University of Vermont Medical Center is not a gluten  
free facility.
Harvest Café
Menu for the week of March 16, 2020, Cont.

ALWAYS AVAILABLE

**Off the Grill—Breakfast (6:00 am—9:30 am)**

- One Scrambled Egg ........................................ $0.75
- Add Cheddar Cheese ................................. $1.25
- Add Vegetable and Cheese ......................... $2.10

- Two Scrambled Eggs ................................ $1.50
- Add Cheddar Cheese ................................. $2.00
- Add Vegetables with Cheese ...................... $2.85
- Add Vegetable ........................................ $2.35

Egg Sandwich on Whole Wheat English Muffin
- Egg and Cheddar Cheese ......................... $2.05
- Egg, Vegetable and Cheddar Cheese ........ $2.30
- Egg, Sausage and Cheddar Cheese ............ $4.05
- Snugg Valley Farm Sausage ................... $1.95
- Home Fries ......................................... $1.25

**Off the Grill—Lunch and Dinner**

- Grilled Cheddar Cheese on VT Bread Co.
- Whole Wheat Bread ........................................ $2.15
- Grilled Cheddar Cheese w/ choice of toppings
  (onions, mushrooms, peppers) ................... $2.50
- Charbroiled Beef Patty ............................... $2.65
- Chicken Breast—plain or Cajun ................. $3.15
- Salmon Fillet ........................................... $4.00
- Southwest Black Bean Burger .................... $2.30

Additional Charges:
- Whole Wheat Roll ..................................... $0.75
- **Choice of unlimited toppings** ............ $0.75
- Extra Cheese ......................................... $0.50
- Vegetable of the Day ................................. $1.00

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OPEN SEVEN DAYS 5:00 AM—3:00 AM

MENU & PRICING SUBJECT TO CHANGE

UVMHealth.org/MedCenter