Harvest Café
Menu for the week of February 17, 2020

MONDAY
Soup—Roasted Garlic and Cauliflower .......................... $2.50
Soup—Green Curry Chicken Soup .................................. $2.50
Stew—Corn & Bean Stew ........................................ $4.00
Taco Bowl .................................................................... $4.75
Taco Beef, Black Beans, Corn & Rice, Coleslaw with Cilantro
Lime Dressing, Salsa Verde, Tortilla Strips
Panini ............................................................................. $4.25
Roasted turkey wrap with cheddar cheese and cranberry salsa
Special: Potato Crusted Red Fish ................................. $5.75

TUESDAY
Soup—Mulligawtany .................................................... $2.50
Soup—Carrot Ginger Soup .......................................... $2.50
Stew—Pollo Spezzatino ................................................ $4.00
Red-Curry Shrimp Bowl served with Veggies over
Brown Rice .................................................................... $5.75
Roasted chicken, spinach, mushrooms, Swiss, honey
mustard in whole wheat wrap .................................... $4.25
Special: Vegetarian Sheppard’s Pie ............................... $4.00

WEDNESDAY
Soup—Corn Chowder* ................................................ $2.50
Soup—Chicken Gumbo ................................................ $2.50
Stew—Vegetable Chili ................................................ $4.00
Grilled Vegetable Ravioli with Vermont Fresh Sun-dried Tomato
Pesto, White Wine served with Fresh Spinach tossed with
Balsamic Vinaigrette, Walnuts, Vermont Apples and
Gorgonzola Cheese ........................................................ $4.50
Turkey, Cheddar and Apples on a Croissant .................. $4.25
Special: Fish of the Day .............................................. $5.75

THURSDAY
Soup—Bean and Kale with Sausage ............................. $2.50
Soup—Roasted Red Pepper Bisque ............................... $2.50
Stew—Turkey Butternut Chili ..................................... $4.00
Macaroni and Cheese ................................................ $2.25
With Ham ..................................................................... $3.95
With Broccoli ............................................................. $2.75
Tuscan Freebird Chicken with Pesto, Spinach, Roasted
Peppers and Provolone in Whole Wheat Wrap .......... $5.50
Special: Roasted Chicken .......................................... $5.25

FRIDAY
Soup—New England Clam Chowder* ........................ $2.50
Soup—Chicken Tortilla ................................................ $2.50
Stew—Hearty Vegetable Stew ..................................... $4.00
Greek Salad with Falafel ............................................ $4.50
Romaine lettuce mixed with mesclun greens tossed in a lemon
vinaigrette and garnished with olives, Feta cheese, red onions,
& cucumbers served with or without Falafel
Coyote Quesadilla with Refried Beans, Green Chilies, Smoked
Cheddar, Diced Tomatoes, on a Whole Wheat Wrap, Served
with guacamole/ sour cream mix .................................. $4.00

SATURDAY
Soup—Green Curry Chicken ....................................... $2.50
Soup—Chilled Soup ................................................... $2.50
Pork Tenderloin with Fruit Salsa served with Potatoes .... $5.75
Southwestern Chili Turkey Wrap ................................ $4.25
Black beans, roasted corn, peppers and onions with pepper
Jack cheese

SUNDAY
Soup—Minestrone ....................................................... $2.50
Chef’s Choice Chicken Special ................................... $5.25
Turkey, Ham, Swiss Cheese and Honey Mustard on a
Croissant ...................................................................... $4.25

* All gluten-free soups are prepared without gluten, in
accordance with the FDA definition of gluten free. The
University of Vermont Medical Center is not a gluten
free facility.

OPEN SEVEN DAYS 5:00 AM—3:00 AM
MENU & PRICING SUBJECT TO CHANGE
## Harvest Café

*Menu for the week of February 17, 2020, Cont.*

### ALWAYS AVAILABLE

**Off the Grill—Lunch and Dinner**
- Grilled Cheddar Cheese on VT Bread Co. $2.15
- Whole Wheat Bread $1.25
- Grilled Cheddar Cheese w/ choice of toppings (onions, mushrooms, peppers) $2.50
- Charbroiled Beef Patty $2.65
- Chicken Breast—plain or Cajun $3.15
- Salmon Fillet $4.00
- Southwest Black Bean Burger $2.30

**Additional Charges:**
- Whole Wheat Roll $0.75
- Choice of unlimited toppings $0.75
- Extra Cheese $0.50

**Vegetable of the Day** $1.00

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<thead>
<tr>
<th>Breakfast (6:00 am—9:30 am)</th>
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<tr>
<td>One Scrambled Egg ........... $0.75</td>
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<tr>
<td>Add Cheddar Cheese .......... $1.25</td>
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<tr>
<td>Add Vegetables and Cheese .. $2.10</td>
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| Two Scrambled Eggs .......... $1.50 |
| Add Cheddar Cheese .......... $2.00 |
| Add Vegetables with Cheese .. $2.85 |
| Add Vegetable ................ $2.35 |

**Egg Sandwich on Whole Wheat English Muffin**
- Egg and Cheddar Cheese ........ $2.05
- Egg, Vegetable and Cheddar Cheese $2.30
- Egg, Sausage and Cheddar Cheese $4.05

| Snugg Valley Farm Sausage .... $1.95 |
| Home Fries .................... $1.25 |

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**MENU & PRICING SUBJECT TO CHANGE**

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[Logos: University of Vermont Medical Center, UVMHealth.org/MedCenter]