MONDAY
Soup—Roasted Garlic and Cauliflower ................... $2.50
Taco Bowl .......................................... $4.75
  Taco Beef, Black Beans, Corn & Rice, Coleslaw with Cilantro
  Lime Dressing, Salsa Verde, Tortilla Strips
Panini .............................................. $4.25
  Roasted turkey wrap with cheddar cheese and cranberry salsa
Special: Potato Crusted Red Fish ...................... $5.75

TUESDAY
Soup—Mulligawtany .................................. $2.50
Red-Curry Shrimp Bowl served with Veggies over
  Brown Rice ..................................... $5.75
Roasted chicken, spinach, mushrooms, Swiss, honey
  mustard in whole wheat wrap ........................ $4.25
Special: Vegetarian Sheppard’s Pie ..................... $4.00

WEDNESDAY
Soup—Corn Chowder* ................................ $2.50
Soup—Chicken Gumbo ............................... $2.50
Stew—Vegetable Chili ............................... $4.00
Grilled Vegetable Ravioli with Vermont Fresh Sun-dried Tomato
  Pesto, White Wine served with Fresh Spinach tossed with
  Balsamic Vinaigrette, Walnuts, Vermont Apples and
  Gorgonzola Cheese ................................ $4.50
Turkey, Cheddar and Apples on a Croissant .......... $4.25
Special: Fish of the Day ............................ $5.75

* All gluten-free soups are prepared without gluten, in accordance with the FDA definition of gluten free. The University of Vermont Medical Center is not a gluten free facility.

THURSDAY
Soup—Bean and Kale with Sausage ..................... $2.50
Macaroni and Cheese ................................ $2.25
  With Ham ....................................... $3.95
  With Broccoli .................................. $2.75
Tuscan Freebird Chicken with Pesto, Spinach, Roasted
  Peppers and Provolone in Whole Wheat Wrap ....... $5.50
Special: Roasted Chicken ........................... $5.25

FRIDAY
Soup—New England Clam Chowder* .................... $2.50
Greek Salad with Falafel ................................ $4.50
Romaine lettuce mixed with mesclun greens tossed in a lemon
  vinaigrette and garnished with olives, Feta cheese, red onions,
  & cucumbers served with or without Falafel
Coyote Quesadilla with Refried Beans, Green Chilies, Smoked
  Cheddar, Diced Tomatoes, on a Whole Wheat Wrap, Served
  with guacamole/ sour cream mix .................. $4.00
Fish of the Day .................................... $5.75

SATURDAY
Soup— du Jour ..................................... $2.50
Pork Tenderloin with Fruit Salsa served with Potatoes .... $5.75
Southwestern Chili Turkey Wrap ....................... $4.25
  Black beans, roasted corn, peppers and onions with pepper
  Jack cheese

SUNDAY
Soup— du Jour ..................................... $2.50
Chef’s Choice Chicken Special ......................... $5.25
Turkey, Ham, Swiss Cheese and Honey Mustard on a
  Croissant ....................................... $4.25
Harvest Café

Menu for the week of June 8, 2020, Cont.

**ALWAYS AVAILABLE**

*Off the Grill—Breakfast (6:00 am—9:30 am)*

- One Scrambled Egg .......................................................... $0.75
- Add Cheddar Cheese ......................................................... $1.25
- Add Vegetable and Cheese ............................................... $2.10

- Two Scrambled Eggs ....................................................... $1.50
- Add Cheddar Cheese ......................................................... $2.00
- Add Vegetables with Cheese ........................................... $2.85
- Add Vegetable ................................................................... $2.35

Egg Sandwich on Whole Wheat English Muffin
- Egg and Cheddar Cheese .................................................... $2.05
- Egg, Vegetable and Cheddar Cheese ............................. $2.30
- Egg, Sausage and Cheddar Cheese .............................. $4.05

- Snugg Valley Farm Sausage .............................................. $1.95
- Home Fries .................................................................. $1.25

*Off the Grill—Lunch and Dinner*

Grilled Cheddar Cheese on VT Bread Co.
Whole Wheat Bread ............................................................. $2.15
Grilled Cheddar Cheese w/ choice of toppings
(onions, mushrooms, peppers) ....................................... $2.50
Charbroiled Beef Patty ....................................................... $2.65
Chicken Breast—plain or Cajun ........................................ $3.15
Salmon Fillet .................................................................. $4.00
Southwest Black Bean Burger ......................................... $2.30

Additional Charges:
- Whole Wheat Roll ............................................................... $0.75
- **Choice of unlimited toppings** ........................................ $0.75
- Extra Cheese ................................................................ $0.50
- Vegetable of the Day ........................................................... $1.00

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**OPEN SEVEN DAYS 5:00 AM—3:00 AM**

**MENU & PRICING SUBJECT TO CHANGE**