## Monday
- **Soup—Roasted Garlic and Cauliflower** ........................................... $2.50
- **Soup—Green Curry Chicken Soup** ................................................ $2.50
- **Stew—Corn & Bean Stew** ................................................................ $4.00
- **Taco Bowl** ..................................................................................... $4.75
  - Taco Beef, Black Beans, Corn & Rice, Coleslaw with Cilantro Lime Dressing, Salsa Verde, Tortilla Strips
- **Panini** ............................................................................................ $4.25
  - Roasted turkey wrap with cheddar cheese and cranberry salsa
- **Special: Potato Crusted Red Fish** .................................................. $5.75

## Tuesday
- **Soup—Mulligawtany** ................................................................. $2.50
- **Soup—Carrot Ginger Soup** .......................................................... $2.50
- **Stew—Pollo Spezzatino** .............................................................. $4.00
- **Red-Curry Shrimp Bowl served with Veggies over**
  - Brown Rice ..................................................................................... $5.75
- **Roasted chicken, spinach, mushrooms, Swiss, honey mustard in whole wheat wrap** ................................................. $4.25
- **Special: Vegetarian Sheppard’s Pie** ............................................. $4.00

## Wednesday
- **Soup—Corn Chowder* ................................................................. $2.50
- **Soup—Chicken Gumbo** ............................................................... $2.50
- **Stew—Vegetable Chili** ................................................................. $4.00
- **Grilled Vegetable Ravioli with Vermont Fresh Sun-dried Tomato Pesto, White Wine served with Fresh Spinach tossed with Balsamic Vinaigrette, Walnuts, Vermont Apples and Gorgonzola Cheese** .......................................................... $4.50
- **Turkey, Cheddar and Apples on a Croissant** ................................ $4.25
- **Special: Fish of the Day** ............................................................. $5.75

*All gluten-free soups are prepared without gluten, in accordance with the FDA definition of gluten free. The University of Vermont Medical Center is not a gluten free facility.*

## Thursday
- **Soup—Bean and Kale with Sausage** .......................................... $2.50
- **Soup—Roasted Red Pepper Bisque** ............................................ $2.50
- **Stew—Turkey Butternut Chili** ..................................................... $4.00
- **Macaroni and Cheese** ................................................................. $2.25
  - With Ham ...................................................................................... $3.95
  - With Broccoli ............................................................................. $2.75
- **Tuscan Freebird Chicken with Pesto, Spinach, Roasted Peppers and Provolone in Whole Wheat Wrap** ......................... $5.50
- **Special: Roasted Chicken** .......................................................... $5.25

## Friday
- **Soup—New England Clam Chowder* .......................................... $2.50
- **Soup—Chicken Tortilla** ............................................................. $2.50
- **Stew—Hearty Vegetable Stew** .................................................... $4.00
- **Greek Salad with Falafel** ........................................................... $4.50
  - Romaine lettuce mixed with mesclun greens tossed in a lemon vinaigrette and garnished with olives, Feta cheese, red onions, & cucumbers served with or without Falafel
- **Coyote Quesadilla with Refried Beans, Green Chilies, Smoked Cheddar, Diced Tomatoes, on a Whole Wheat Wrap, Served with guacamole/ sour cream mix** ........................................ $4.00
- **Fish of the Day** .......................................................................... $5.75

## Saturday
- **Soup—Green Curry Chicken** ..................................................... $2.50
- **Soup—Chilled Soup** ................................................................. $2.50
- **Pork Tenderloin with Fruit Salsa served with Potatoes** .............. $5.75
- **Southwestern Chili Turkey Wrap** .............................................. $4.25
  - Black beans, roasted corn, peppers and onions with pepper Jack cheese

## Sunday
- **Soup—Minestrone** ................................................................. $2.50
- **Chef’s Choice Chicken Special** ............................................... $5.25
- **Turkey, Ham, Swiss Cheese and Honey Mustard on a Croissant** $4.25

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**Open seven days 5:00 AM—3:00 AM**

**Menu & Pricing Subject to Change**

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UVMHealth.org/MedCenter
Harvest Café
Menu for the week of March 30, 2020, Cont.

ALWAYS AVAILABLE

**Off the Grill—Lunch and Dinner**
Grilled Cheddar Cheese on VT Bread Co.
Whole Wheat Bread .................................................. $2.15
Grilled Cheddar Cheese w/ choice of toppings
(onions, mushrooms, peppers) ................................. $2.50
Charbroiled Beef Patty ............................................. $2.65
Chicken Breast—plain or Cajun ................................. $3.15
Salmon Fillet .......................................................... $4.00
Southwest Black Bean Burger ................................. $2.30
Additional Charges:
Whole Wheat Roll .................................................. $0.75
**Choice of unlimited toppings** ............................... $0.75
Extra Cheese .......................................................... $0.50

**Vegetable of the Day** ............................................. $1.00

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**Off the Grill—Breakfast (6:00 am—9:30 am)**

One Scrambled Egg .............................................. $0.75
Add Cheddar Cheese .............................................. $1.25
Add Vegetable and Cheese ................................. $2.10

Two Scrambled Eggs .............................................. $1.50
Add Cheddar Cheese .............................................. $2.00
Add Vegetables with Cheese ................................ $2.85
Add Vegetable ...................................................... $2.35

Egg Sandwich on Whole Wheat English Muffin
Egg and Cheddar Cheese .................................. $2.05
Egg, Vegetable and Cheddar Cheese ................ $2.30
Egg, Sausage and Cheddar Cheese ................ $4.05
Snugg Valley Farm Sausage ...................... $1.95
Home Fries ...................................................... $1.25

OPEN SEVEN DAYS 5:00 AM—3:00 AM
MENU & PRICING SUBJECT TO CHANGE

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