PACKAGING YOUR SAMPLE FOR TRANSPORT

- Be sure the sample is labeled with your full legal name, date of birth, and date and time of collection.
- Be sure the cap is secure on the top of the vial.
- Put the vial into the large inner sleeve of the zip lock bag provided and secure zip lock seal.
- Put the laboratory order provided by your physician in the outer sleeve.

DELIVERING YOUR SAMPLE TO THE LAB

You can drop your sample off at any of the laboratory sample collection centers on the back of this guide.

To drop off a sample outside of our regular collection centers hours, stop by the Main Campus information desk, inside the front entrance on Level 3 (street level), and a laboratory technician will be paged.

Questions?
Call (802) 847-5121 or (800) 991-2799

PATHOLOGY AND LABORATORY MEDICINE

FOR MORE INFORMATION
For routine hours and directions please visit http://uvmlabs.testcatalog.org/ or call us at (802) 847-5121.

PHONE
(802) 847-5121
(800) 991-2799

ONLINE
UVMHealth.org/ MedCenterDrawSites

LABORATORY SAMPLE COLLECTION CENTERS

BURLINGTON: MAIN CAMPUS
111 Colchester Avenue, Main Pavilion, Level 2

BURLINGTON: 1 SOUTH PROSPECT STREET
1 South Prospect Street, First Floor Lobby

COLCHESTER: FANNY ALLEN CAMPUS
792 College Parkway, Medical Office Building, Suite 104

WILLISTON: ADULT PRIMARY CARE
353 Blair Park Road (near Taft Corners)
**Feces Sample Collection**

1. Collect a feces sample at any time unless:
   - You are taking medicine for diarrhea or constipation.
   - You have had a barium X-ray.
   You must wait 7 days after you stop taking these medicines or after your barium X-ray before you give a sample.
2. If possible, urinate in the toilet before collecting the feces sample to avoid contamination.
3. Collect the sample in the Collection Commode (hat) given to you that fits on the toilet rim. If you were not given a collection commode you can put plastic wrap over the top of the toilet bowl and put the seat down over the wrap to collect your sample.
4. Be sure to use the container given to you.
5. Do not mix water from the toilet bowl or urine with the sample. This will spoil the test.
6. Transfer the specimen to the Collection Container. The Collection Container may have a spatula attached to the top that you can use to transfer the sample into the vial. If not available, use a clean disposable spoon.
7. If your container has a Fill Line, do not overfill. A fecal sample approximately the size of a walnut (2 tablespoons) is appropriate.
8. Label the container with:
   - Patient’s full legal name (First and Last).
   - Date of birth
   - Date and time of collection
9. See Feces Collection Containers for storage temperature and time requirements.

**Collection Containers**

**FECAL BACTERIAL PATHOGEN PCR OR FECES CULTURE UNUSUAL PATHOGENS**

Fecal specimens for bacterial pathogen PCR are submitted in Para-Pak C&S Transport Medium (orange cap with pink liquid).

Add a feces sample about the size of a walnut (2 tablespoons) to the collection vial.

*Do not overfill.*

Store sample at room temperature. Deliver to the laboratory within 72 hours of collection.

Specimens that are not in Para-Pak C&S Transport Medium must be received in the Microbiology Laboratory within 2 hours of collection.

**GIARDIA & CRYPTOSPORIDIUM OR OVA & PARASITE EXAMS**

Fecal samples for Giardia & Cryptosporidium or Ova & Parasite Exams are submitted to the laboratory in a Total-Fix Container (black cap with red label).

Add a feces sample about the size of a walnut (2 tablespoons) to the collection vial.

*Do not overfill.*

If the test is for “feces for Ova and Parasite x 3,” collect feces on three separate days. Use a new container for each day. Store sample at room temperature.

Deliver to the laboratory within 72 hours of collection. Specimens that are not in a Total-Fix Container must be received in the Laboratory within 2 hours of collection.

**H. PYLORI STOOL ANTIGEN, CLOSTRIDIUM DIFFICILE TESTING AND FECAL LACTOFERRIN FOR WHITE BLOOD CELLS**

Specimen are submitted in a sterile container without preservatives. Non-sterile containers (food jars, plastic containers) are NOT acceptable. Sample must be refrigerated until it is delivered to the laboratory. Feces sample for Clostridium difficile testing must be liquid and take on the shape of the container about 2 tablespoons is a good amount. Sample must arrive at the lab within 48 hours of collection.

**FECAL ELECTROLYTES, OR PH AND REDUCING SUBSTANCES FECES**

Specimens are submitted in a sterile container without preservatives. Non-sterile containers (food jars, plastic containers) are NOT acceptable. Sample must be soft or liquid.

**PATIENTS IN DIAPERS**

Fecal samples for Bacterial Pathogen PCR, Giardia & Cryptosporidium, or Ova & Parasite Exams cannot be collected directly from the diaper. The detergents, perfumes and urine from the diaper will spoil the test. Do not send in the diaper.

- Line the diaper with plastic.
- Remove the diaper within 30 minutes after the bowel movement. Place feces into each of the containers provided. Do not overfill the containers.
- Label the container as directed above.