Our Team Approach to Weight Loss
We want you to be successful in achieving a healthy and active lifestyle. We have a team of experts that includes surgeons, physicians assistants/nurse practitioners, registered nurses, dieticians, and psychologists ready to help you meet your weight loss goals.

The Bariatric Surgery Team at Fletcher Allen Health Care will help you determine whether you are a good candidate for weight loss surgery.

Contact our office at (802) 847-3330 for a health questionnaire or visit our website at www.FletcherAllen.org/weightlosssurgery to request a form.

FOR MORE INFORMATION
To find health information, or for convenient and secure access to your medical record through MyHealth Online, please visit FletcherAllen.org or call us at (802) 847-0000.

Preparing for Your Weight Loss Surgery
Timeline of events leading up to surgery

The initial step to determining if you are a candidate for weight loss surgery begins with an evaluation of your health questionnaire. If you meet the requirements, the following timeline must be met for insurance approval:

- Health questionnaire returned to Bariatric Clinic
- New patient informational meeting
- Psychological evaluation
- Month 1: Initial consultation with surgeon and dietician. Any necessary testing or procedures done for future visits.
- Month 2: Second visit with surgeon and dietician (food log should be brought to every monthly visit).
- Month 3: Monthly visit with a provider and dietician
- Month 4: Post-Op Nutrition and Behavioral Skills classes, Weight Loss Support Group
- Month 5: Monthly visit with a provider and dietician
- Month 6: After this monthly visit with a provider and dietician, submission to insurance company if all requirements and pre-operative weight loss goals are met. Visits can continue until weight loss goals are met.
- Month 7: History and physical with provider if approval received from insurance company.
- Month 8-9: Surgery (based on availability)