

Test Update

Cortisol and Cortisone, Saliva

UVM Medical Center

Effective 7/23/26, Test Code SALCT, Cortisol, Saliva, performed at Mayo Clinical Labs will become obsolete. It will be replaced by Cortisol and Cortisone, Saliva, Mayo Test Code SALCC.

Test Build Information:

New Orderable	Epic Code	Atlas Code	Mayo Test ID	Order LOINC	CPT Code(s)
Cortisol and Cortisone, Saliva	LAB17942	LAB17942	SALCC	in process	82530, 82542
Result Component(s):	Epic Code	Atlas Code	Mayo Test ID	Result LOINC	Notes
Cortisol Saliva	12301021588	M623629	623629	2142-8	
Cortisone Saliva	12301021589	M623630	623630	in process	
Cortisol/Cortisone ratio	12301021590	M623631	623631	in process	
Specimen Requirements:					
Container	Specimen	Temperature	Collect Vol	Submit Vol	Stability
Sarstedt Salivette	Saliva	Refrigerated	1.5 mL	1.5 mL	28 days
Collection Information:					
Min Vol = 0.6 mL					
If multiple specimens are collected, submit each Salivette under a separate order number.					
Patient Preparation:					
1. Patient should not brush teeth, eat, drink, or take any oral medication for at least 60 minutes before specimen collection.					
2. Have patient rinse mouth thoroughly with water for 1 to 5 seconds. Wait 10 minutes before collecting the specimen to avoid contamination of the saliva by an interfering substance.					
Collection Instructions:					
1. Provide patient with a Saliva Collection Kit (Salivette) containing the Cortisol and Cortisone-Saliva Collection Instructions and ask them to follow the instructions as written.					
2. If performing late-night salivary cortisol (LNSC) test, specimen should be collected immediately prior to going to bed. If patient is undergoing assessment for adrenal insufficiency, specimen should be collected immediately after waking up. The patient should follow their normal sleeping schedule. Record collection time on the Cortisol and Cortisone-Saliva Collection Instructions sheet.					
3. Instruct patient to return Cortisol and Cortisone-Saliva Collection Instructions with the appropriately labeled Salivette to the laboratory.					

Orderable to be Discontinued	Epic Code	Atlas Code	Mayo Test ID	Order LOINC	CPT Code(s)
Cortisol, Saliva	LAB2474	CORTS	SALCT	2142-8	82533

For questions regarding this change, contact UVMHC Lab Outreach at laboutreach@uvmhealth.org.

UVM Medical Center

Pathology & Laboratory Medicine

Location

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Lab Customer Service

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