

TEST UPDATE

Insulin-Like Growth Factor 1, Serum Testing

UVM Medical Center

Effective 05/07/2026, Insulin-Like Growth Factor 1, Serum (Mayo IGF1S) will replace Insulin-Like Growth Factor 1, Mass Spectrometry, Serum (Mayo IGFMS). Mayo IGFMS is being discontinued due to a methodology change.

Test Build Information

New Orderable	Epic Code	Atlas Code	Mayo Test ID	Order LOINC	CPT Code(s)
Insulin-Like Growth Factor 1, S.	LAB17924	LAB17924	IGF1S	2484-4	84305
Result Component(s):	Epic Code	Atlas Code	Mayo Test ID	Result LOINC	Notes
Insulin-Like Growth Factor 1, S.	12301021516	MIGF1C	IGF1C	2484-4	
Z-score	12301021517	MIGF1Z	IGF1Z	73561-3	
Z-score	12301021518	MIGFZ1	IGFZ1	73561-3	
Specimen Requirements:					
Container	Specimen	Temperature	Collect Vol	Submit Vol	Stability
SST	Serum	Frozen	1.6 mL	0.8 mL	90 days
Collection Information:					
Red Top is acceptable.					
Min Vol = 0.5 mL					
Ambient and Refrigerated temperatures are acceptable for 7 days.					
Patient Preparation:					
For 12 hours before specimen collection, patient should not take multivitamins or dietary supplements (e.g., hair, skin, and nail supplements) containing biotin (vitamin B7).					

Orderable to be Discontinued	Epic Code	Atlas Code	Mayo Test ID
Insulin-Like Growth Factor 1, Mass Spectrometry, S.	LAB526	ILGF2	IGFMS

For questions regarding this change, contact UVMHC Lab Outreach at laboutreach@uvmhealth.org.



UVM Medical Center
Pathology & Laboratory Medicine

Location
111 Colchester Ave.
Burlington, VT 05401

Lab Customer Service
802-847-5121
802-991-2799