

Community Health Improvement Plan

2025 Annual Report



Clinton County, New York

— THE —
University of Vermont
HEALTH NETWORK

Champlain Valley Physicians Hospital

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A Message From Leadership



**Michelle LeBeau, RN,
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President

University of Vermont Health—
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Hospital

University of Vermont Health Network - Champlain Valley Physicians Hospital (CVPH) is committed to improving the health and well-being of the people of our North Country communities. Every three years, UVM Health Network's six health care partners conduct a Community Health Needs Assessment (CHNA). The CHNA is built upon the foundation of New York State's Prevention Agenda — its health improvement plan and blueprint for state and local action to improve the overall health and well-being of all of our citizens. CHNAs help us reflect on our work to date as a critical healthcare partner in this region and consider the challenges and opportunities involved in creating healthier communities. This process informs how we respond to the changing needs of patients and community members across our region and how we work in collaboration with our diverse community partners. This will be the last annual report for this Community Health Improvement Plan cycle focused on addressing the priority areas of Promoting Well-Being, and Preventing Mental Health and Substance Use Disorders and Preventing Chronic Disease.

Champlain Valley Physicians Hospital's Calendar Year 2025 Community Health Improvement Plan (CHIP) annual report serves as a year-over-year demonstration of our upstanding commitment, accountability and effectiveness strengthening the health of our region. This report highlights successes with our key partners as well as opportunities for carrying the work forward in the year ahead. We will continue to center the needs of those in our community most impacted by the social, economic and environmental factors influencing health outcomes. Work is ongoing to ensure that all individuals have fair access to the care and services that meet their needs.

I hope this report offers you a snapshot of how our dedicated, skilled and compassionate team members are taking action each day to improve the health and well-being of our community served. We look forward to building on this work and identifying new opportunities for collaborating with our patients, friends, families and neighbors on responsive local solutions.

Thank you for taking time to learn about our investment in community health.

In partnership,

A handwritten signature in blue ink that reads "Michelle LeBeau". The signature is fluid and cursive.

Introduction

Annual Report Overview

Adopting an ‘Implementation Strategy’ and evaluating the impact of our Community Benefit programs is a requirement of our health system’s tax-exempt status. This demonstrates our commitment, accountability and effectiveness in addressing our communities’ identified health priorities.

An annual progress report is best practice for Community Benefit. This report spotlights programmatic highlights, investments made, and collaboration with our key partners to improve the health of our community in 2025.

2025 Community Health Prioritization Process

In 2025, CVPH and the Clinton County Health Department collaborated closely with community partners to develop the 2025–2027 Community Health Needs Assessment for Clinton County.

Partners carried out a robust and successful community health priority setting process. This included holding the first community-wide health priority selection session at the MHAB Life Skills Campus, co-hosted by CVPH and CCHD. A CVPH board member and the System Board Vice Chair were in attendance. Many priority areas across domains received similar scores, and in alignment with the revised NYS Prevention Agenda’s focus on social determinants of health and partners’ commitment to cross-cutting issues, the team engaged stakeholders individually to gather insight on related local strategies and ongoing efforts.

Survey feedback indicated that housing security emerged as the leading priority, marking a significant shift from previous years.

To learn more, visit UVMHealth.org/CHI-CVPH.

About Us

University of Vermont Health Network – Champlain Valley Physicians Hospital is a 300-bed level III trauma center trusted by 87,000 people across New York’s North Country. Our staff are committed to delivering care with skill, compassion and respect — supporting patients, families and the communities we call home.

2025-2027 Priority Focus Areas Identified for Clinton County, NY

Domain: Economic Stability

Priorities:

- ▶ Poverty
- ▶ Housing Stability and Affordability
- ▶ Nutrition Security

Domain: Social and Community Context

Priorities:

- ▶ Primary Prevention, Substance Misuse and Overdose Prevention

Domain: Health Care Access and Quality

Priorities:

- ▶ Preventative Services for Chronic Disease Prevention and Control



Summary of Accomplishments

This annual report for calendar year 2025 details key actions taken to advance population health initiatives and community health priorities.

Highlights

- ▶ **CVPH continued to focus on chronic disease prevention and management.** In 2025, our Integrated Care Management Program expanded its chronic disease services for primary care patients. The team—Care Managers, Community Resource Advocates, Diabetes Educators, Health Coaches, and Pharmacists—supported continued growth in our Diabetes Care Management Program. **Early outcomes show:**
 - ▶ 96 patients enrolled in the Diabetes Care Management Program.
 - ▶ 50% of participants achieved a reduction in A1C after six months.
 - ▶ 5 ‘Cook with a Doc’ sessions offered throughout 2025 for 25 community participants.
- ▶ **Wellness Committee Efforts included:**
 - ▶ Wellness Cook Book: March/April
 - ▶ Chalk the Walk for Suicide Prevention: September 2025
 - ▶ All 2025: Gratitude Tree Bulletin Board
 - ▶ November: Book Club
 - ▶ December: Snowflakes of Joy Bulletin Board
 - ▶ March: Partnered with Heather Nollette: Talk on Wellness with Wellness Self-Care Kit provided at ACAP annual conference.
- ▶ **Value and impact demonstrated by Family Medicine Physician Residents attending community care partners meeting:**
 - ▶ Enhances resident understanding of social determinants and community resources: Participation exposes residents to real-world patient challenges and available community supports to be integrated into care plans. This strengthens holistic, patient-centered care and advocacy skills.
 - ▶ Strengthens care coordination and system performance: Residents build relationships with community partners, improving referrals, reducing gaps in care, continuity of care, and supporting system goals such as reduced readmissions and improved quality outcomes.
 - ▶ Builds future workforce for value-based care: Residents contribute fresh perspectives, innovative ideas, and support continuous improvement and a culture of learning.
 - ▶ Residents gain skills needed to lead population health and value-based care initiatives.



Community Outreach & Impact

The Foundation of CVPH

- ▶ Through Safe Kids Adirondack & the David P. Reuter Free Helmet Fund, over 500 free bicycle helmets and safe bicycle riding tips were given away to students at Arthur Momot Elementary, Thomas Glasgow Elementary, Head Start, Clinton County Child Advocacy.
- ▶ Foundation of CVPH continued our partnership with Sweethearts & Heroes. In 2025, the team partnered with 8 schools to provide circle training and implement their signature Student Teacher Empathy Program (STEP).
- ▶ Transition Success minimizes likelihood of admission or readmission to the hospital by providing community members with medical needs they cannot afford. \$30,000 in support was provided in 2025 – this was approx. 100-200 individuals.
- ▶ Travel support for specialty care outside of our region was provided through reimbursement to 70 patients in our region. Additionally, 100 travel packs were provided for support of families with children being transferred.



Community Health Investment

2025 Investments

The Foundation of CVPH Distributions Committee Community Grants & Program Funding

Organization	Project Title	Funding
United Way of the Adirondack Region	Summer Enrichment for the ALICE Youth; Building Resilience, health and opportunity in the Adk region	\$4,000
Champlain Valley Family Center for Drug Treatment and Youth Services	CVFC School Program	\$8,673
Mooers Free Library	American Sign Language Classes	\$1,350
BHSN	A Tote of Hope	\$8,763
CVPH Trauma Education Team	Stop the Bleed education	\$1,124
Town of Plattsburgh	Fitness in the Park	\$1,232
Village of Rouses Point	Fitness in the Park	\$1,200
Heartsmart Fun Runs—Town of Plattsburgh	T-shirts for participants	\$864
SUNY Plattsburgh	Shine On! Program	\$2,500
	TOTAL	\$29,706

Champlain Valley Physicians Hospital Community Health Investment FY25

Autism Alliance, \$2,200

Parents and caregivers of children with autism often experience high levels of emotional and physical stress due to the demands of their caregiving roles. This program is designed to offer a restorative experience that honors their dedication and provides much-needed relief. Participants will engage in a creative class to foster self-expression and connection, followed by a rejuvenating spa service to promote relaxation and well-being. By investing in caregiver wellness, we strengthen the support systems that are essential to the health and development of children with autism.

Joint Council for Economic Opportunity (JCEO): \$15,000

In the wake of expiring COVID-era benefits and rising living costs, low-income households across Clinton and Franklin Counties are facing increasing difficulty accessing basic necessities, especially nutritious food. Our network of over a dozen food pantries has seen a marked rise in demand, including from families with special dietary needs due to chronic health conditions like diabetes, celiac disease, and severe allergies. This grant supports the continued operation of our Community Outreach programs, enabling staff to purchase and distribute health-appropriate foods tailored to the unique needs of each community.

The Prevention Team: \$10,000

The E.P.I.C. (Essex People Impact Community) ADK Youth Challenge is a bold, community-driven initiative to strengthen youth resiliency and health in Ticonderoga. This one-year pilot will reinvest in prevention education and early intervention strategies to address urgent behavioral health needs identified in the 2023 Bach Harrison Prevention Needs Survey. After nearly two decades without dedicated funding for prevention services, Ticonderoga Central School District is partnering with the Prevention Team to restore critical programming and build a supportive ecosystem around every young person.

Total: \$54,706

Work Underway/Anticipated for 2026

- ▶ Continue to actively participate in the Action for Health (AFH) Consortium with cross-sector partners to facilitate progress addressing community health priorities in the CHIP.
- ▶ Implementation progress will continued to be tracked for the 2025-2027 Community Health Improvement Plan. For more information: [2025-2027-Clinton-County-Community-Health-Assessment.pdf](#)
- ▶ Continue to offer 'Cook with a Doc' sessions: FY26 goal is to have at least 3 sessions.
- ▶ Planning a pediatric event for Spring with the county health department to increase compliance with required lead screenings and any vaccines our pediatric population is missing.
- ▶ The Integrated Care Management Program currently has 96 patients enrolled, with 27 completing the program in 2025. In November 2025, we broadened our chronic condition support to include Hypertension, COPD, Asthma, and Congestive Heart Failure programs. Care Management teams are actively engaging patients, and we expect to report initial program outcomes in 2026. We continue to monitor the impact these programs have on ED utilization and Inpatient admissions as they are implemented along with other efforts in primary care to improve the health of our patients. The PHSO team at CVPH FMC continues to support referrals to the CDCCN program.
- ▶ Chronic Disease education program has been rebranded and courses have been renamed. Shorter version classes are being offered to gain more interest and participation. There has been a goal of 80 participants set for this coming year. In 2025, only 16 took the courses.
- ▶ **Worksite Wellness Goals For 2026:**
 - ▶ Begin collecting Data:
 - ▶ Partnering with OCC Health for wellness survey during annual requirements. With specific questions targeted at wellness and well-being.
 - ▶ Brief Survey for wellness/well-being of staff (opt in random).
 - ▶ Recognition: Star Fish Award peer to peer recognition.
 - ▶ Book Club Continues: New Book February
 - ▶ March: Sleep Hygiene Awareness & Recipe Book



Thank you Community Partners!

- ▶ Clinton County Health Department
- ▶ Behavioral Health Services North
- ▶ Champlain Valley Family Center
- ▶ United Way of Northeastern New York
- ▶ National Alliance on Mental Illness
- ▶ NYS Office of New Americans

Champlain Valley Physicians Hospital

Community Health Improvement



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