

**Ubuyobozi bwo Kwitwararika Amagara y'Abantu bwa UVM
Uburenganzira n'Amabanga vy'Umurwayi**

Uburenganzira Bwawe

- Kuronka amakuru yerekeye amagara y'abantu yoroshe gutahura
- Kuvugwa mu buryo buranga ubuntu be n'icubahiro
- Guhuriza hamwe ingingo mufata ku bijanye no kwitwararikwa
- Kumenya ko amakuru yawe bwite akingiwe, n'ingene tubikora
- Kubaza ibibazo ku bijanye n'umugambi
- Kumenya ibijanye na seruvise zose zihari, n'amahitamwo
- Kumenya ni bande bari mu mugwi wawe ukwitaho.
- Kuronka umusobanuzi ku buntu mu gihe bikenewe
- Kuyagira abandi ivyiyumviro canke imyidogo mu mutekano*
- Kuva mu mugambi igihe ico ari co cose.

Amabanga Yawe

- Guha umuhagarikizi w'abakwitwararika amakuru ngirakamaro
- Kubaza ibibazo nimba hari ikintu kidatomoye
- Kumenyesha umugwi wawe w'abaganga nimba umugambi wawe ugoye gukurikiza
- Tubwire nimba ushaka guhagarika suruvisi

**Umugwi w'Ihuriro ry'Ubuvuzi ry'Amagara y'abantu wa UVM
Kwubaha no Gushiramwo**

Ndagusavye wubahe

- Nube umunyabuntu ku bakozi, ku barwayi, no ku bashitsi
- Nukoreshe amajombo wiyumviriye no ku vyo ukora
- Turi ng'aha kugira ngo tugufashe mu bihe bigoye.

Ntitwemera

- Inyifato y'ubujuru canke yo gutera ubwoba
- Ivyiyumviro biteye isoni ku muntu uwo ari we wese: ubwoko, igitsina, idini, aho akomoka, ubumuga, imyaka, amahera yinjiza, uko vyifashe ivya HIV, seruvise y'igisirikare canke uko ivy'ubwimukira vyifashe.

Guhinduranya abakozi

- Ntduhindura abakozi twisunze ivyo basavye bihenganye
- Mu bihe bidasanzwe (nk'uguhahamuka kwa kera canke ivyo gukenere mu vy'idini), twoshobora kurimbura twitonze impiinduka.

*Ku bibazo myitwarariko iyo ari yo yose, ivyiyumviro canke ibirego hamagara ku buntu kuri (833) 763-0652

- Abakiriya ntabwo bategetswe gukorana n'abahinga bazi ubwabo canke hanze y'aho abahinga bakora.