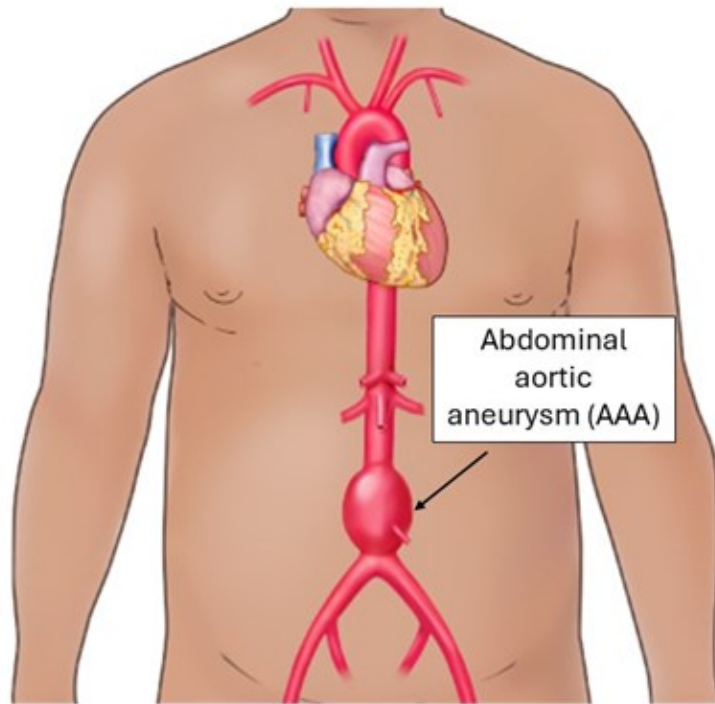


# What to Ask Your Surgeon About Your AAA (Abdominal Aortic Aneurysm)

## What is an Abdominal Aortic Aneurysm?

An abdominal aortic aneurysm (AAA) is a bulge or swelling in the main blood vessel (aorta) that carries blood from your heart to the rest of your body. If the aorta becomes too large, it can weaken and may be at risk of rupturing (bursting) which is life threatening. AAAs often grow slowly and without symptoms, so they are usually found during imaging tests for other reasons. Your vascular surgeon will discuss the plan for watching your aneurysm or explain the surgical options to help you make the best decisions about your care.



## UVM Medical Center

Division of Vascular Surgery  
and Endovascular Therapy

### Location

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### Hours

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8:00 am – 5:00 pm

### Phone

802-847-4548

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802-847-3581

## Important Questions to Ask Your Surgeon:

1. How large is my aneurysm, and how quickly is it growing?
2. What are my treatment options — monitoring, medications, or surgery?
3. What are the risks and benefits of surgery for my specific condition?
4. How often should I have imaging or follow-up visits to monitor my aneurysm?
5. What activity and lifestyle changes should I consider?