

Alice Hyde Medical Center Community Health Investment FY25



\$25,000
Invested
Locally



Five
Projects
Funded



2,312*
People
Impacted

Community Health Needs Assessment (CHNA) Alignment

Health Priority Areas of Investment*

- ▶ Economic Stability
- ▶ Education Access and Quality
- ▶ Healthcare Access and Quality
- ▶ Neighborhood and Built Environment
- ▶ Social and Community Context
- ▶ Prevent Chronic Disease (local health priority)
- ▶ Promote Well-being and Prevent Mental Health and Substance Use Disorder (local health priority)



Populations of Focus for Investment*

- ▶ Black, Indigenous, and People of Color
- ▶ Older adults (age 65+)
- ▶ People with disabilities
- ▶ People experiencing poverty or lower socioeconomic status
- ▶ Youth



To learn more, visit www.uvmhealth.org/CHI-AMC or contact Justin.Graham@uvmhealth.org or Annette.Marshall@alicehyde.com.

Community Connections of Franklin County (CCFC) \$6,000

Warming Shelter Living and Coping Skills Training and Assistance

CCFC aims to empower community members with practical tools for personal growth, stability, and community integration through comprehensive life skills training. Training topics include employment readiness, financial independence, healthy cooking, and mental health education. Trainings are offered on a rotating basis and adapt to meet emerging needs. CCFC will also train staff in facilitating SMART Recovery's Successful Life Skills program. This initiative aims to empower participants with practical tools for personal growth, stability, and community integration.

Community Health Center of the North Country \$5,000

Community Friendship Volunteer Program

The Community Friendship Volunteer Program (CFVP) combats social isolation among older adults through compassionate, volunteer-driven support. CFVP connects trained volunteers with seniors for friendly visits, wellness check-ins, errands, and companionship, with 38 volunteers contributing over 2,500 hours to support 96 seniors in 2024.

Franklin County Community Services \$2,000

Resilient Roots: Strengthening Communities Through Connection and Support

Resilient Roots will provide access to recreational items and resources like board games and exercise equipment for children and families transitioning out of foster care. The initiative promotes emotional well-being, resilience, and strengthens parent-child relationships. These supports help reduce financial and social barriers, encourage healthy behaviors and positive family interactions.

Franklin County Office for the Aging \$2,000

Holiday Food Baskets

Holiday Food Baskets combat rising food insecurity and isolation for older adults. In partnership with local organizations, the initiative provides nutritious, themed food bags—such as the 2024 breakfast-themed bags delivered to 375 seniors.

Holistic Life Foundation Akwesasne (HLFA) \$10,000

Mindful Moment: Supporting the Socio-Emotional Well-Being of School Communities

HLFA uses mindfulness and trauma-informed care to support the mental, emotional, and behavioral health of youth in the Akwesasne community. Through its Mindful Moment Program (MMP) in Salmon River schools, students and staff engage in daily breathwork, guided reflection, and yoga practices. The program will expand to serve K-12 and includes a retreat space, peer-led ambassador training, and teacher wellness support to reduce stress and promote equity.