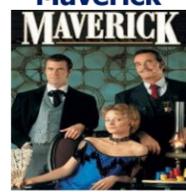


Woodridge Rehabilitation and Nursing Activity Calendar April 2026~

	Sunday	Monday	Tuesday	Wednesday <small>Happy April Fool's Day</small>	Thursday	Friday	Saturday
<p>Director Amanda Sanderson</p> <p>Activity Staff Jesse Collins Lucie Gilbert Scout Landry Christie Latour Steve Leibman Heather Prevost Kathi Tynan</p> <p>Spiritual Life Fran Weinbaum</p> <p>All Are Welcome to any Activity on any Unit.</p>				<p>1) 9:30 North American Travels -Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>10:15 Musical Morning Maple</p>  <p>12:15 Easter Lunch (No this not an April Fool's Joke) in the Activity Room</p>	<p>2) 9:30 Remembering the Good Old Days Candlepin Bowling Come Try Your Luck -Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation Evergreen</p> <p>10:15 Move It or Lose It-Movement -Maple</p> <p>10:15 Interdenominational Service and Communion Activity Room</p> 	<p>3) 9:30 Trivia Around the World-Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee Cart "Coffee Quote" of the Week -Evergreen</p> <p>10:15 Sing Along Circle -Activity Room</p>  <p>10:15 You are a Poet! -Maple</p> <p>11:00 Ball Toss Fun -Maple</p> 	<p>4) 8:30 Morning News -Activity Room</p>  <p>9:30 Classic TV. -Activity Room</p> <p>10:30 Trivia -Evergreen</p> 
<p>🚩 Daily Activities are posted on the unit whiteboards – check in to see what's happening today!</p> <p>📅 Monthly Events are listed in the common area – don't miss the fun!</p> <p>Heart-to-Heart Visits. Staff are available for personal, caring conversations throughout the month.</p>				<p>2:00 Unraveling the Great Ball Wrap -Activity Room</p>  <p>2:00 Poetry Hour -Maple</p> <p>3:00 Watercolor Wednesday -Maple</p> <p>3:15 The Artful Coloring of Easter Eggs</p>  <p>3:15 April Fools Trivia -Evergreen</p>	<p>2:00 Resident Council Meeting -Activity Room.</p>  <p>2:00 Bird Migration Documentary Hour -Maple</p> <p>3:00 Pasta Artists -Maple</p> <p>3:15 Travels with Rick Steves: European Easter Special -Activity Room</p> <p>3:15 Spring into Movement Chair Stretching -Evergreen</p>	<p>1:45 Big Money Easter Bingo -Activity Room</p>  <p>2:00 Getting to Know You -Maple</p> <p>3:00 Virtual concert -Maple</p> <p>3:15 Name That Tune -Evergreen</p> <p>3:30 Good Friday Service - Benjamin Falls</p> 	<p>2:00 Agatha Christie Murder Mysteries - Activity Room</p>  <p>3:30 Sing Along to Classics- Activity Room</p> 

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	<p>5) 9:30 Catholic Mass-Maple Community Room</p>  <p>10:30 Short Stories with Steve – Community Room</p> 	<p>6) 9:30 Get Your Energy Boost-Move and Groove - Activity Room.</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>10:15 Colorful Waves of Art-Activity Room</p>  <p>10:15 Share a Journey Through Storytelling - Maple</p>  <p>10:30 Yahtzee -Activity Room.</p>	<p>7) 9:30 Puzzles, Magazines and Sensory Gadgets -Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation- Evergreen</p> <p>9:45 Red Light- Green Light- Activity Room</p>  <p>10:15 Games for Brains - Maple</p> <p>10:15 Tai-Chi -Maple</p> <p>11:00 Ball Toss Fun -Maple</p> 	<p>8) 9:30 Zumba-Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>10:15 Documentary: The Mysteries of Earth's Largest Ocean - Activity Room</p> <p>10:15 Musical Morning – Maple</p>  <p>10:30 Rummy Circle-Activity Room</p> 	<p>9) 9:30 Marble Painting - Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>9:45 Ten Commandments Movie -Activity Room</p> <p>10:15 Move It or Lose It- Movement -Maple</p>	<p>10) 9:30 Breakfast in the Activity Room.</p> <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee Cart "Coffee Quote" of the Week - Evergreen</p> <p>9:45 Rolli Polli -Activity Room</p>  <p>10:00 Crocheting with Heidi and Judith -Spruce Dayroom</p> <p>10:15 Spring Trivia -Maple</p> <p>11:00 Ball Toss Fun -Maple</p> 	<p>11) 8:30 Morning News -Activity Room</p> <p>9:30 I Love Lucy-TV Classics -Activity Room</p>  <p>10:30 Trivia - Evergreen</p> 
Afternoon	<p>2:00 Easter Service – Ben Falls</p> 	<p>2:00 Jackpot Bingo - Activity Room</p>  <p>2:00 Chair Yoga -Maple</p>  <p>3:15 Yahtzee -Evergreen</p> 	<p>2:00 1-2 Slugger Magoo Baseball Practice -Ben Falls</p>  <p>3:00 Bowling -Maple</p>  <p>3:15 Classic Cartoon Special -Activity Room</p> <p>3:15 Afternoon Social - Evergreen</p>	<p>2:00 Tea Party -Activity Room</p>  <p>2:00 Poetry Hour -Maple</p> <p>3:00 Watercolor Wednesday -Maple</p>  <p>3:15 Tracking Our Adopted Pet in the Wild -Activity Room</p> <p>3:15 Sports Trivia - Evergreen</p>	<p>2:00 Cocktails and a Snack -Activity Room</p> <p>Movie Matinee: Maverick</p>  <p>2:00 Music with Islene Runingdeer on the Units</p> <p>2:00 Spring Awakening Documentary Hour -Maple</p> <p>3:00 Pasta Artists -Maple</p> <p>3:15 Afternoon Stretches - Evergreen</p> 	<p>2:00 Catholic Mass in the Community Room and Communion</p>  <p>2:00 Bingo -Activity Room</p>  <p>2:00 Getting to Know You –Maple</p> <p>3:00 Conclusion of Ten Commandments Movie - Activity Room</p> <p>3:00 Bean Bag Toss – Maple</p>  <p>3:15 Afternoon Movie – Evergreen</p> 	<p>2:00 Agatha Christie Murder Mysteries - Activity Room</p>  <p>3:30 Sing Along - Activity Room</p> 

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	<p>12) 9:30 Catholic Mass in the Maple Community Room</p>  <p>10:30 Short Stories with Steve – Community Room</p> 	<p>13) 9:30 Simon Says Exercise Game -Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>10:15 Sharing a Journey Through Storytelling - Maple</p>  <p>10:15 Resident Choice BritiBox -Activity Room</p> <p>L.C.R Poker -Activity Room</p> 	<p>14) 9:30 Creative Coloring -Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>9:30 Po-Ke-No -Activity Room</p> <p>10:15 Games for Brains - Maple</p> <p>10:15 Tai-Chi -Maple</p>  <p>11:00 Ball Toss Fun -Maple</p>	<p>15) 9:30 North American Travels to Indiana -Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>10:15 Musical Morning - Maple</p>  <p>10:15 Classical Music - Activity Room</p> <p>10:30 Resident Choice Game –Activity Room</p>	<p>16) 9:30 Bobble-cise - Activity Room.</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>10:15 Move It or Lose It- Movement -Maple</p>  <p>10:15 Interdenominational Service -Activity Room</p> 	<p>17) 9:30 Cooking Group Come make your own Swedish Meatball's and Pasta</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee Cart "Coffee Quote" of the Week - Evergreen</p> <p>10:15 Name that Bird Trivia -Maple</p> <p>10: 30 Disney Magic Baking Competition - Activity Room</p> <p>11:00 Ball Toss Fun -Maple</p> 	<p>18) 8:30 Morning News -Activity Room</p> <p>9:30 The Carol Burnett –Activity Room</p>  <p>10:30 Trivia - Evergreen</p>  <p>2:00 Agatha Christie Murder Mysteries - Activity Room</p>  <p>3:30 Sing Along w/ Steve -Activity Room</p> 
Afternoon	<p>2:00 Classic Movies w/ Steve –Activity Room</p> 	<p>2:00 Jackpot Bingo - Activity Room</p>  <p>2:00 Chair Yoga -Maple</p>  <p>3:15 Basketball - Evergreen</p>  <p>3:15 Garden Club -Ben Falls</p>	<p>2:00 Lets Try Bocce - Activity Room</p> <p>3:00 Bowling -Maple</p>  <p>3:15 Afternoon Social - Evergreen</p> <p>3:30 Prayer and Meditation -Chapel</p> 	<p>2:00 Music with Mike - Benjamin Falls</p>  <p>2:00 Poetry Hour -Maple</p> <p>3:00 Watercolor Wednesday -Maple</p>  <p>3:15 Titanic Discussion - Evergreen</p> <p>3:15 Rummy Circle – Activity Room</p>	<p>2:00 Target Practice - Activity Room</p> <p>2:00 The Greatest Night in Pop Documentary Hour - Maple</p> <p>3:00 Pasta Artists -Maple</p> <p>3:15 Afternoon Exercise - Evergreen</p> 	<p>2:00 Bingo -Activity Room</p>  <p>2:00 Getting to Know You - Maple</p> <p>3:00 Maple Bingo</p> <p>3:15 Spring Trivia - Evergreen</p>	<p>2:00 Agatha Christie Murder Mysteries - Activity Room</p>  <p>3:30 Sing Along w/ Steve -Activity Room</p> 

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	<p>19) 9:30 Catholic Mass -Community Room</p>  <p>10:30 Short Stories with Steve – Community Room</p> 	<p>20) 9:30 Musical Motivational Workout - Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>10:15 Resident Choice BritiBox -Activity Room</p> <p>10:15 Sharing a Journey Through Storytelling - Maple</p>  <p>10:30 Train Dominos - Activity Room</p> 	<p>21) 9:30 Puzzles, Magazines and Fidget Sensory Gadgets -Activity Room</p> <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>9:30 Red Light Green Light -Activity Room</p>  <p>10:15 Games for Brains - Maple</p>  <p>10:15 Tai-Chi -Maple</p>  <p>11:00 Ball Toss Fun -Maple</p>	<p>22) 9:30 Yoga -Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>10:15 Musical Morning – Maple</p>  <p>10:15 Music Classic Rock & Roll Sing Along -Activity Room</p>  <p>10:30 Rummy Circle – Activity Room</p>	<p>23) 9:30 Red Hat, Romeo Society Meeting - Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee and Conversation -Evergreen</p> <p>10:15 Move It or Lose It- Movement -Maple</p>  <p>10:15 Remembrance Service -Activity Room</p> 	<p>24) 9:30 Bingo -Activity Room</p>  <p>9:30 Good Morning -Maple</p> <p>9:30 Coffee Cart "Coffee Quote" of the Week - Evergreen</p> <p>10:00 Crocheting with Heidi and Judith -Spruce Dayroom</p> <p>10:15 Shake Loose a Memory -Maple</p> <p>10:15 U.S.A. Trivia - Activity Room</p> 	<p>25) 8:30 Morning News -Activity Room</p> <p>9:30 The Beverly Hillbillies –Activity Room</p>  <p>10:30 Trivia - Evergreen</p>  <p>10:30 Bird Watchers Group –Activity Room</p>
Afternoon	<p>2:00 Earth Day Program -Benjamin Fall</p> 	<p>2:00 Jackpot Bingo - Activity Room</p>  <p>2:00 Chair Yoga –Maple</p>  <p>3:15 Bean Bag Toss - Evergreen</p>	<p>2:00 Passport Travels to Sweden with Rick Steves - Activity Room</p>  <p>3:00 Bowling -Maple</p>  <p>3:15 Afternoon Social - Evergreen</p> <p>3:30 Prayer and Meditation -Chapel</p>	<p>2:00 Music with Bob -Ben Falls</p>  <p>2:00 Poetry Hour -Maple</p> <p>3:00 Recycled Arts and Crafts -Maple</p> <p>3:15 Earth Day Activity - Evergreen</p>	<p>2:00 Cocktail and Snacks - Activity Room</p> <p>Movie Matinee: Sister Act</p>  <p>2:00 Poetry Hour -Maple</p> <p>3:00 Pasta Artists -Maple</p> <p>3:15 Chair Yoga - Evergreen</p>	<p>2:00 Catholic Mass - Community Room and Communion</p>  <p>2:30 The Master Strokes of Art -Activity Room</p> <p>2:00 Getting to Know You - Maple</p> <p>3:00 Planting Seeds -Maple</p> <p>3:15 Name That Tune - Evergreen</p>	<p>2:00 Agatha Christie Murder Mysteries - Activity Room</p>  <p>2:00 Ball Fun –Maple</p> <p>3:00 Dominos -Spruce</p> <p>3:30 Sing Along w/ Steve -Activity Room</p> 

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Morning

26) 8:30 Coffee Hour & Classic TV – Activity Room

9:30 Catholic Mass – Maple Community Room



9:30 Brain Teasers – Activity Room

10:30 Short Stories with Steve – Community Room



27) 9:30 Do the Loco-Motion -Activity Room



9:30 Good Morning -Maple

9:30 Coffee and Conversation -Evergreen

10:15 Sharing a Journey Through Storytelling - Maple

10:15 Resident Choice BritiBox -Activity Room

10:30 L.C.R. Poker - Activity Room



28) 9:30 Puzzles and Creative Coloring -Activity Room

9:30 Good Morning -Maple

9:30 Po-Ke-No -Activity Room



9:30 Coffee and Conversation -Evergreen

10:15 Games for Brains - Maple

10:15 Tai-Chi -Maple

11:00 Ball Toss Fun -Maple



29) 9:30 North American Travels Root 66 - Activity Room



9:30 Good Morning -Maple

9:30 Coffee and Conversation -Evergreen

10:15 Musical Morning - Maple

10:30 Classical Jazz Music -Activity Room



30) 9:30 Tai Chi - Activity Room



9:30 Good Morning -Maple

9:30 Coffee and Conversation -Evergreen

10:15 Move It or Lose It- Movement -Maple

10:15 Interdenominational Service -Activity Room



Afternoon

2:00 Classic Movie w/ Steve –Activity Room



2:00 Trivia – Evergreen

3:30 Spinner – Activity Room



2:00 Jackpot Bingo - Activity Room



2:00 Chair Yoga -Maple

3:15 Ladder Game - Evergreen

3:15 Garden Club -Ben Falls

2:00 Volleyball -Activity Room

3:00 Bowling -Maple



3:15 Gentle Stretching - Evergreen

3:30 Prayer and Meditation –Chapel



2:00 251 Club -Activity Room



2:00 Poetry Hour -Maple

3:00 Watercolor Wednesday -Maple



3:15 Card Games - Evergreen

2:00 Making Sock Puppet's -Activity Room



2:00 Whitney: Can I Be Me Documentary Hour -Maple

3:00 Pasta Artists -Maple



3:15 Coffee & Jazz Classics -Evergreen