



## University of Vermont Health

Hello,

Welcome to the Primary Care Mental Health Integration Program (PCMHI). To begin our work together, **please review, sign, and submit/return the 1) Office of Professional Regulation (OPR) Notice and the 2) Service Agreement** you have received related to our upcoming appointment. **Please bring these documents to your first visit or upload them in MyChart.**

The Primary Care Mental Health Integration (PCMHI) program provides short term specialized behavioral health and/or psychiatric treatment within the primary care office. Referral to PCMHI enables our specialized team of clinicians to make recommendations about medication, provide therapy, and/or assist with referral and access to other services. Our team consists of Psychiatrists, Psychologists, and Collaborative Care Mental Health Clinicians who will work closely with your primary care provider to learn about your specific needs and treatment plans. You may end up receiving care from some or all PCMHI clinicians. **Please note that you must be in the state of VT to meet with your VT provider.**

**For any scheduling needs, please call (802) 847-6707.** Our scheduling team is available to answer your call Monday-Friday 8:00am until 5:00pm. If your call is not answered, please leave a voicemail including your name, request, and best call back number. Our scheduling team will return your call within the next business day. **Please provide as much notice as possible if you need to cancel or reschedule your appointment, minimum 24 hours.**

Our services are offered Monday – Friday from 8:00 a.m. until 4:30 p.m.

If you experience a **mental health emergency** please contact your local Crisis Center or Call/Text:

- **Crisis Line: 988/ Website: [988lifeline.org](https://988lifeline.org)**
- **Veterans:** Web-based Chat: <https://www.veteranscrisisline.net/>

### Local Crisis Centers:

- Chittenden County First Call: (802) 488-7777
- Franklin County: (802) 524-6544
- Addison County: (802) 388-7641
- Washington County: (802) 229-1399

**Mental Health Urgent Care: (802) 488-6482:** 1 South Prospect St, Arnold 4 Elevator C Burlington, VT. Monday- Friday 9am-5pm (Walk-ins welcome). Website: [howardcenter.org/mhuc](https://howardcenter.org/mhuc)

### **Washington County Mental Health Services (802)479-2502**

**Access Hub Walk-in in clinic** 34 Barre St. Montpelier, VT (802)301-3200 M-F

**Primary Care Mental Health Integration**

Scheduling Phone: 802-847-6707

[UVMHealth.org](https://UVMHealth.org)



**If you have any questions regarding billing and/or coverage, we recommend contacting your insurance provider directly.** If you have concerns about your ability to pay for these or other health care services through the UVM Health Network, please contact Patient Financial Services at 802-847-8000 or online at [Financial Assistance | University of Vermont Health](#)

For information on what insurances are accepted at UVM Health: [Insurance Information | University of Vermont Health](#)

Charge/Package Description	CPT/HCPCS Code
PR 1ST PSYCHIATRIC COLLAB CARE MGMT 1ST 70 MINS	99492
PR SBSQ PSYCHIATRIC COLLAB CARE MGMT 1ST 60 MINS	99493
PR 1ST/SBSQ PSYCH COLLAB CARE MGMT EA ADDL 30 MINS	99494
Initial or subsequent <b>psychiatric collaborative care management</b> , first 30 minutes in a month	G2114
<b>HC - PSYCHIATRIC DIAGNOSTIC EVALUATION NON MD</b>	<b>90791</b>
<b>HC - PSYCHOTHERAPY W/PATIENT 30 MINUTES NON MD</b>	<b>90832</b>
HC - PSYCHOTHERAPY W/PATIENT W/E&M SRVCS 30 MIN, BY MD	90833
<b>HC - PSYCHOTHERAPY W/PATIENT 45 MINUTES NON MD</b>	<b>90834</b>
<b>HC - PSYCHOTHERAPY W/PATIENT 60 MINUTES</b>	<b>90837</b>
HC - PSYCHOTHERAPY W/PATIENT 60 MINUTES NON MD	90837
HC - FAMILY PSYCHOTHERAPY W/O PATIENT PRESENT 50 MINS NON MD	90846
HC - FAMILY PSYCHOTHERAPY W/PATIENT PRESENT 50 MINS NON MD	90847
HC - GROUP PSYCHOTHERAPY	90853

Thank you,  
The Collaborative Care Mental Health Team  
University of Vermont Health

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