



## What to Expect: Delivery & Postpartum Care at The University of Vermont Medical Center

Nurse-guided tour of Labor & Delivery and the Postpartum Unit. Register anytime, but tours should be taken within 1-2 months of your due date. *Space is limited.*

### 2026 TOUR DATES

#### Saturdays 10am-12pm:

January 31st  
March 28th  
April 11th  
May 23rd  
June 6th  
August 1st  
September 12th  
October 24th  
November 7th  
December 5th

#### Wednesdays: 6pm-8pm:

January 7th  
February 18th  
March 4th  
April 29th  
May 13th  
June 24th  
July 8th  
August 19th  
September 30th

#### REGISTRATION REQUIRED:

Please email Holly at  
[dischargeeducation@uvmhealth.org](mailto:dischargeeducation@uvmhealth.org)

**\*\*Children are *not* encouraged to attend\*\***

