



What to Expect: Delivery & Postpartum Care at The University of Vermont Medical Center

Nurse-guided tour of Labor & Delivery and the Postpartum Unit. Register anytime, but tours should be taken within 1-2 months of your due date. *Space is limited.*

2026 TOUR DATES

Saturdays 10am-12pm:

January 31st
March 28th
April 11th
May 23rd
June 6th
August 1st
September 12th
October 24th
November 7th
December 5th

Wednesdays: 6pm-8pm:

January 7th
February 18th
March 4th
April 29th
May 13th
June 24th
July 8th
August 19th
September 30th

REGISTRATION REQUIRED:

Please email Holly at
dischargeeducation@uvmhealth.org

****Children are *not* encouraged to attend****