

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Reviewed by:
KY, RD
Fall/Winter 2025
Week 2
Week of April 6th

Monday
Breakfast

- Pancakes w/ VT Maple Syrup
- Sausage Patty

Lunch

- Open faced Roast beef sandwich
- Spinach (w/Vinegar)
- Cherry Crisp w/tpg

Dinner

- Manicotti w/Tomato Sauce
- Dinner Roll w/ Butter
- Green Beans
- Ice Cream

Tuesday

Breakfast

- Cheesy Veggie Scrambled Eggs
- Cream of Wheat
- Pumpkin Muffin

Lunch

- Chicken Parmesan over Spaghetti
- Tossed Salad w/Dressing
- Cheesecake w/ Strawberry topping

Dinner

- Butternut Squash Soup
- Tuna Salad Sandwich w/ Lettuce & Tomato
- Pears

Wednesday

Breakfast

- Fried Eggs
- Cinnamon Raisin Toast
- Honey Nut Cheerios

Lunch

- Grilled Cheese
- Cream of Tomato Soup
- Chocolate Cake w/Frosting

Dinner

- Goulash
- Garlic Bread
- Carrots
- Oatmeal Cookie

Thursday

Breakfast

- Ham and Cheese Omelet
- Rice Krispies
- Strawberry Coffee Cake

Lunch

- Chicken Stir-fry Over Rice
- Broccoli
- Apple Pie w/tpg

Dinner

- Bacon and Cheese Quiche
- Garden Salad
- Vanilla Pudding w/tpg

Friday

Breakfast

- French Toast w/VT Maple Syrup
- Bacon

Lunch

- Swedish Meatballs Over Egg Noodles
- Carrots
- Lemon Bars

Dinner

- Sliced Open Faced Turkey Sandwich W/ Gravy
- Mashed Potatoes
- Green Beans
- Peaches

Saturday

Breakfast

- Cheesy Scrambled Eggs
- English Muffin
- Oatmeal

Lunch

- Breaded Fish w/ Tartar Sauce
- Baked Potato w/ Sour Cream
- Coleslaw
- Chocolate Éclair

Dinner

- Chicken Alfredo
- French Bread w/ Butter
- Broccoli
- Sherbet

Sunday

Breakfast

- Cinnamon Roll
- Sausage Link
- Scramble Egg W/Salsa

Lunch

- Pot Roast w/ Gravy
- Mashed Potato
- Mashed Butternut Squash
- Pumpkin Pie w/tpg

Dinner

- Split Pea Soup
- Ham Salad Sandwich
- Sugar Cookie

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.