

All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Reviewed by:
VB, RD
Fall/Winter Menu
2026 Wk 4
Week of APR 20TH

Monday
Breakfast

- French Toast w/Maple syrup
- Sausage

Lunch

- Chicken and Biscuits
- Mashed Butternut Squash
- Boston Cream Pie

Dinner

- Goulash
- Broccoli
- Italian Bread w/butter
- Sherbet

Tuesday
Breakfast

- Ham & Cheese Egg bake
- Pumpkin Coffeecake
- Maple Oatmeal

Lunch

- Salisbury Steak
- Mashed Potato w/ Gravy
- Roasted Asparagus
- Raspberry Cheesecake

Dinner

- Turkey Salad Sandwich
- Pasta Fagioli Soup
- ChocolateChip Cookie

Wednesday
Breakfast

- Fried Eggs
- English Muffin
- Raisin Bran

Lunch

- Taco Salad
- Cowboy Corn
- Brownie

Dinner

- Spaghetti w/meatballs
- Tossed Salad w/dressing
- Garlic Knot
- Fresh Cut Berries w/ Topping

Thursday
Breakfast

- Blueberry Pancakes
- Bacon

Lunch

- Campbell's Tomato Soup
- Monte Crisco Sandwich
- Lemon Bar

Dinner

- Fish w/Tartar Sauce
- Roasted Red Potato
- Dilled Pickled Beets (cold)
- Ice Cream

Friday
Breakfast

- Cheese Omelet
- Cinnamon Raisin Toast
- Rice Krispies

Lunch

- Broccoli & Cheese Stuffed Chicken
- Mashed Potatoes
- Spinach w/vinegar
- Cupcake w/Frosting

Dinner

- Split Pea Soup
- Sliced Ham Sandwich
- Molasses Cookie

Saturday
Breakfast

- Veggie & Cheese Scrambled Eggs
- Cream of Wheat
- Cinnamon Apple Muffins

Lunch

- Beef Stew
- Dinner Roll w/butter
- Carrots
- Apple Crumb Pie

Dinner

- Turkey Tetrazzini Casserole
- Roasted Summer Squash
- Peaches

Sunday
Breakfast

- Sausage, Egg & Cheese Breakfast Sandwich
- Honey Nut Cheerios

Lunch

- Baked Ham w/gravy
- Mashed Sweet Potatoes
- Roasted Asparagus
- Lemon Cake

Dinner

- Beef Chili
- Cornbread w/Butter
- Green Beans
- Chocolate Mousse w/TPG

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.