All meals are served with Coffee, and Assortment of Teas, Whole Milk, 2% Milk or Skim, and a variety of juices such as Orange, Apple, Cranberry, and Grape.

Reviewed by: BB, Kali
4-2026

Spring/Summer Menu Week 1
Week of Sept 14th

Monday

Breakfast
- Cheesy Scrambled Eggs
- Cream of Wheat
- Blueberry Muffin

Lunch
- Spaghetti & Meatsauce
- Garlic Bread
- Roasted Summer Squash
- Apple Crisp

Dinner
- Fishwich on a Bun & Tartar Sauc
- Green Beans
- Ice Cream

Tuesday

Breakfast
- Waffles w/ Maple syrup
- Raisin Bran
- Fresh fruit

Lunch
- Baked Chicken w/ Gravy
- Sweet Potatoes
- Broccoli
- Orange Fluff

Dinner
- Baked Potato Soup
- Ham Salad Sandwich
- Chocolate Mousse with Tpg

Wednesday

Breakfast
- Fried Eggs
- English Muffin
- Maple Oatmeal
- Hash Brown

Lunch
- Chef Salad (Turkey, Cheddar, Egg)
- Hearty Vegetable Soup
- Dinner Roll
- Strawberry Shortcake

Dinner
- Beef Ravioli w/Marinara sauce
- Spinach
- Italian Bread
- Chocolate Chip Cookie

Thursday

Breakfast
- Ham & Veggie Quiche
- Home fries
- Honey Nut Cheerios

Lunch
- BBQ Pork Ribette
- Macaroni Salad
- Pickled Beets
- Chocolate Eclair

Dinner
- Hot Dog on a Bun
- Baked Beans
- 3-Bean Salad
- Watermelon

Friday

Breakfast
- Pancakes w/ Maple Syrup
- Sausage
- Fresh Fruit

Lunch
- Baked Salmon
- Roasted Red Potatoes
- Peas
- Banana Cream Pie

Dinner
- Minestrone Soup
- Egg Salad Sandwich
- Italian Lemon Ice

Saturday

Breakfast
- Salsa Scrambled Eggs
- Raspberry Coffeecake
- Cheerios

Lunch
- Meatball Sub
- Carrots
- Chocolate Cake with PB frosting

Dinner
- Chicken Nuggets w/Dipping Sauce
- French Fries
- Broccoli Salad
- Vanilla Pudding w/TPG

Sunday

Breakfast
- Strudel Link
- Oatmeal
- Scrambled Eggs

Lunch
- Roast Turkey w/ Gravy
- Mashed Potatoes w/Gravy
- Roasted Butternut Squash
- Cranberry Sauce
- Strawberry Rhubarb Pie w/ Topping

Dinner
- Corn Chowder
- Seafood Salad Sandwich
- Peanut Butter Cookie

Good nutrition is an essential part of your care in our center. The menu has been planned with variety and moderation in mind, and to achieve a well-balanced diet. The daily menu may vary slightly due to the special diet ordered to meet your needs. Please, feel free to ask any questions regarding your menu, diet, or service.