

Main Street Café Crusts N’ Such Week 2

Menu for the week of June 29, 2026

Lunch Menu Served Monday - Friday 11:00 am - 2:00 pm

Monday - Sandwiches

Meatball Parmesan Sandwich with meatballs made with beef & pork covered in tomato sauce and mozzarella cheese, toasted to perfection & garnished with parsley **(Dairy, Soy, Wheat)** \$5.75

Eggplant Parmesan Casserole with breaded and oven baked eggplant covered in tomato sauce and mozzarella cheese, toasted to perfection & garnished with parsley **(Dairy, Wheat) (Veg)** \$5.75

Tuesday - Panini

House Roasted Chicken, bacon, tomato, spinach, cheddar cheese and garlic mayonnaise **(Dairy, Egg, Soy, Wheat)** \$5.75

Seitan with corn, black beans, red & green peppers, onions and diced tomatoes in a tomato wrap with cilantro tofu dipping sauce **(Soy, Wheat) (V)** \$5.75

Wednesday - Sandwich & Pizza

Pork Banh Mi Sandwich on a baguette with roast pork loin, pickled carrots, kimchi, cilantro, and hoisin sriracha mayonnaise **(Egg, Soy, Wheat)** \$5.75

Cheese pizza with mozzarella and tomato sauce **(Dairy, Wheat) (Veg)** \$3.00

Thursday - Pizza

Thai chicken with red curry paste, satay sauce, red peppers, cilantro, red cabbage and mozzarella cheese **(Dairy, Soy, Wheat)** \$4.25

Diced roasted eggplant, tomatoes and basil pesto drizzled with alfredo sauce topped with mozzarella cheese **(Dairy, Wheat) (Veg)** \$3.75

Cheese pizza with mozzarella and tomato sauce \$3.00

Friday - CLOSED

V= Vegan GF= Gluten Free, Veg = Vegetarian

Highlighted on this menu are the top 9 allergens:

Dairy, Eggs, Fish, Peanuts, Sesame, Shellfish, Soy, Tree Nut, Wheat.

We do our best to support a healthy planet, as well as well as healthy employees.

Menu and pricing subject to change.

Main Street Café Cook To Order Menu for the week of June 29, 2026

Lunch Menu Served Monday - Friday 11:00 am - 2:00 pm

Monday - Tacos

Pulled pork tacos served with spicy southwestern slaw in a soft tortilla shell with sour cream, salsa and guacamole **(Dairy, Soy, Wheat)** Gluten free taco available upon request One Taco \$3.25, Two Tacos \$5.95

Black bean, potato and pepper tacos with a spicy southwestern slaw in a soft tortilla shell with sour cream, salsa and guacamole **(Dairy, Soy, Wheat)** One Taco \$3.25, Two Tacos \$5.95

Tuesday - Korean BBQ Bowl

Turmeric brown rice with steamed edamame, sesame stir fry vegetables, kimchi, Gochuchang Korean BBQ sauce with choice of honey cumin tofu or Asian braised beef **(Soy, Wheat)** Tofu \$5.50, Beef \$7.25

Wednesday - Asian Stir Fry

Stir-Fry with broccoli, pea pods, onions, carrots, red cabbage and mushroom sautéed with hoisin sauce served over brown rice, option to add protein **(Soy, Wheat)** Vegetable \$4.25, Tofu \$5.50, Chicken \$5.95

Thursday - Carbonara

Penne pasta, parmesan cheese, heavy cream, onions, garlic, peas, red peppers and shiitake mushrooms **(Dairy, Wheat)** Vegetable \$7.50, Bacon \$8.00

Friday - CLOSED

V= Vegan GF= Gluten Free, Veg = Vegetarian

Highlighted on this menu are the top 9 allergens:

Dairy, Eggs, Fish, Peanuts, Sesame, Shellfish, Soy, Tree Nut, Wheat.

We do our best to support a healthy planet, as well as well as healthy employees.

Menu and pricing subject to change.

Main Street Café Soups

Menu for the week of June 29, 2026

Lunch and Dinner Served Daily Starting at 11:00 am

Monday

Curried Apple Butternut Bisque (**Tree Nut (coconut)**) (**Veg, V, GF**) 8 oz. \$2.75, 12oz. \$4.00
Chicken Chili (**GF**) 8 oz. \$3.75, 12oz. \$5.00

Tuesday

Chicken Mulligatawny (**Dairy, Tree Nut (coconut)**) (**GF**) 8 oz. \$2.75, 12oz. \$4.00
Tomato Soup (**Dairy**) (**GF, Veg**) 8 oz. \$2.75, 12oz. \$4.00

Wednesday

Three Sisters Soup (**Veg, V, GF**) 8 oz. \$2.75, 12oz. \$4.00
Chicken Gumbo (**Soy**) (**GF**) 8 oz. \$2.75, 12oz. \$4.00

Thursday

Creamy Chicken & Wild Rice (**Dairy**) (**GF**) 8 oz. \$2.75, 12oz. \$4.00
Chickpea Lentil (**Wheat**) (**Veg, V**) 8 oz. \$2.75, 12oz. \$4.00

Friday - CLOSED

V= Vegan GF= Gluten Free, Veg = Vegetarian

Highlighted on this menu are the top 9 allergens:

Dairy, Eggs, Fish, Peanuts, Sesame, Shellfish, Soy, Tree Nut, Wheat.

We do our best to support a healthy planet, as well as well as healthy employees.

Menu and pricing subject to change.

Main Street Café Breakfast

Menu for the week of June 29, 2026

Breakfast Menu Served Monday - Friday 6:30 am - 9:00 am

Eggs Your Way

Two Scrambled Eggs	\$2.50
With Cabot Cheddar or Pepper Jack Cheese	\$3.00
Cheese Omelet (two eggs folded with choice of Cheddar or Pepper Jack Cheese)	\$3.50
Breakfast Wrap (Dairy, Egg, Soy, Wheat) (two scrambled eggs with choice of five toppings)	\$4.75

Choose five ingredients:

Tomato, mushroom, black beans, spinach, onions, red peppers, green peppers, pork sausage

Each additional topping	\$0.50
-------------------------------	--------

Pizza Your Way

Breakfast Bagel Pizza (Dairy, Egg, Soy, Wheat) or Pepper Pizza with two scrambled eggs and choice of five toppings (see below)	\$4.75
---	--------

Choose five ingredients:

Goat cheese, cheddar, pepper jack, mozzarella, parmesan, guacamole, pesto, tomato sauce, tomato, spinach, black beans, mushrooms, red onion, broccoli, pork sausage

Each additional topping	\$0.50
-------------------------------	--------

Belgian Waffles with Vermont Maple Syrup

Whole Belgian Waffle (Dairy, Egg, Wheat) (Veg)	\$4.50
Half Waffle (Dairy, Egg, Wheat) (Veg)	\$2.25
Whole Belgian Waffle with Toppings (choose from chocolate chips, whipped cream, organic berries)	\$5.50
Half Waffle with Toppings	\$2.75
Additional VT Maple Syrup	\$1.00

Oatmeal Bar	\$3.00
--------------------------	--------

V= Vegan GF= Gluten Free, Veg = Vegetarian

Highlighted on this menu are the top 9 allergens:

Dairy, Eggs, Fish, Peanuts, Sesame, Shellfish, Soy, Tree Nut, Wheat.

We do our best to support a healthy planet, as well as well as healthy employees.

Menu and pricing subject to change.

Main Street Café

Menu for the week of June 29, 2026

Open Monday - Friday 6:30 am - 2:00 pm

Assorted Snacks

Assorted Chips	\$1.50 - \$2.75
Planter's Trail Mix	\$1.25
Fig Bars	\$2.00
Cheez-Its Crackers	\$0.50
VT Smoke and Cure Sticks	\$2.50
Fresh Fruit	\$0.75
Assorted Bars and Cookies	\$1.00 - \$4.00
Assorted Muffins and Pastries	\$2.25 - \$3.25
Grab n' Go Sandwiches	\$4.25 - \$5.25
Brown Cow Yogurt	\$2.25
Chobani Greek Yogurt	\$1.75
Hummus and Pretzels	\$3.25
Guacamole and Tortilla Rolls	\$3.25
Cabot Cheddar Cheese	\$1.00

Assorted Beverages

Freshly Brewed Organic Iced Tea & Iced Coffee	\$2.10
Speeder and Earl's Coffee	\$2.00 - \$2.70
Naked Smoothies	\$3.95
Hood Milk - Skim, Whole, Chocolate	\$0.50
Seltzers	\$1.50 - \$2.00
Pure Leaf Tea	\$3.00
Starbucks Cold Brew	\$4.00
12 oz. Pepsi, Diet Pepsi, Pepsi Zero, Mountain Dew, Ginger Ale	\$2.00

Menu and pricing subject to change.