University of Vermont Health

# MOUNTAIN VIEW CAFE

## MONDAY 11/9

| | |
|---|---|
| Broccoli and Cheddar Soup | 2.00 |
| Traditional Beef Meatloaf | 4.00 |
| Baked Potato | 1.00 |
| Roasted Butternut Squash | 1.00 |

## TUESDAY 11/10

| | |
|---|---|
| Beef Barley Soup | 2.00 |
| Dijon Crusted Salmon Fillet | 4.00 |
| Beef Stuffed Peppers | 3.00 |
| Sweet Potato French Fries | 1.00 |
| Beets | 1.00 |

## WEDNESDAY 11/11

| | |
|---|---|
| Potato Leek Soup | 2.00 |
| Beef Pot Pie | 4.00 |
| Parker House Roll | .75 |
| Corn | 1.00 |

## THURSDAY 11/12

| | |
|---|---|
| Sausage and Cabbage Soup | 2.00 |
| Chicken with Green Curry and Sweet Potato | 4.00 |
| Basmati Rice | 1.00 |
| Naan | .75 |
| Broccoli | 1.00 |

## FRIDAY 11/13

| | |
|---|---|
| Chicken Tortilla Soup | 2.00 |
| Beef Tacos with assorted toppings | 4.00 |
| Southwest Quinoa | 1.00 |
| Corn and Beans | 1.00 |

## SATURDAY 11/14 & SUNDAY 11/15

### Chef Specials of the Day

Saturday Soup: Lentil

Sunday Soup: Italian Wedding

Vegetarian- No Meat, Poultry or Fish

** Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

## Café Hours 6:30 am – 7:00 pm

PANINIS Mon-Fri 11 am - 3:30 pm
Baja, Italian, Cali, Club,
Vt Maple Monster

PIZZA SPECIAL Mon-Fri
BBQ Chicken

GRILL SPECIAL Mon-Fri
Buffalo Chicken Sandwich with Blue Cheese

VEGETARIAN SOUP OF THE WEEK
Mon – Friday
Cuban Style Black Bean

DIETARY KEY

GLUTEN FREE

VEGETARIAN