

New Hampshire and Vermont Parkinson's Disease Support Groups 2025

Group	Meeting schedule	Meeting location	Contact
New Hampshire			
Danville, NH (Young Onset) In-person Group	Monthly 1 st Monday 6:00– 8 pm	Danville Baptist Church 226 Main St Danville NH 03819 *In-person group	Diane Cole DonaCo6@aol.com (603) 505-1460
Lebanon, NH "The Parkinson's Workshop"	Monthly 4 th Wednesday 1 – 2:30 pm (Not meeting July, August.)	D-H Aging Resource Center 46 Centerra Parkway Lebanon, NH 03766 *Virtual Group Only	Bill Brawley bbrawley@mac.com Aging Resource Center (603) 653-3460
Manchester, NH	Monthly 3 rd Wednesday 3:30– 4:30 pm	Elliot Senior Health Center 138 Webster St Manchester, NH 03104 *hybrid group	Michele Howe, PT Mhowe@elliot-hs.org (603) 663-7010
Nashua, NH	Days and times are subject to change. Please email for details	ZOOM GROUP ONLY	Carolcastle3@gmail.com
Wolfeboro, NH (Lakes Area Mutual)	Monthly 2 nd Monday 1 – 3 pm	Huggins Hospital Medical Arts Building South Main St Wolfeboro, NH 03894	Kelly Rogers krogers@hugginshospital.org (603) 569-7566

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Vermont			
Brattleboro, VT	Monthly 2 nd Saturday 10 – 11:30 am	Brattleboro Memorial Hospital Tyler Room 17 Belmont Ave Brattleboro, VT Virtual Group Currently	Diane Nichols diane.nichols53@gmail.com (603) 756-3089
Burlington, VT "People with Parkinson's (PWP) Support Group" <i>(Only for people with PD- no family or caregivers)</i>	Monthly 3 rd Wednesday Noon – 1:30 pm	Virtual Group Offering	Jennifer Pader LMSW westsidetherapy350@gmail.com
"Vermont PD Support Group" (For PWP & their caregivers) Montpelier, VT	Monthly 2 nd Saturday 10 am – 12 pm	Virtual Group Offering	M Sara McMahon movementforparkinsons@gmail.com
St. Johnsbury, VT	Monthly 3 rd Friday 10:30 am-noon	Danville Community Building Danville, VT	Dan & Mary Swainbank swainbank@danvillevt.net (802) 535-0031 (Dan's Cell) (802) 535-0412 (Mary's cell)
St. Johnsbury, VT CAREGIVERS	Monthly 1 st Wednesday 1 pm	Universalist Unitarian Meeting House 47 Cherry Street St. Johnsbury, VT (across from catamount Arts)	Linda Cochrane lindajchrane@gmail.com (845)-849-6562