

UVM HEALTH ADULT DERMATOLOGY REFERRAL GUIDANCE

Please see separate guidance documents for
PEDIATRICS OR MOHS/DERM SURGERY

Our goal is to prioritize patients with the most medically urgent dermatologic needs. **At this time we are not scheduling for the following conditions:** *low risk skin cancer screening (patients with no prior skin cancers and no worrisome lesions on exam), skin tags, uncomplicated warts, molluscum, tinea, keratosis pilaris, onychomycosis, seborrheic keratoses, or corns.*

Please include in all ADULT DERMATOLGY referrals:

- 1) Special needs (interpreter, Hoyer etc)
- 2) Medical Urgency Level
- 3) Provide a provisional diagnosis
- 4) Reason for Referral

Medical Referral Urgency Levels

- **Emergent (within 1 week):**
For immediate attention (blistering rashes, BSA> 90%, fever, pain, lymphadenopathy, or obvious high-risk skin cancers needing biopsy): *Please page the on-call nurse at (802) 847-1000, pager 4946 during business hours.*
- **Urgent (within 6 weeks):**
Medically concerning but not immediately life-threatening.
- **Next Available Appointment:**
Routine dermatologic concerns that do not require expedited care.

Note: Unless the Urgency Level is explained in the Reason for Referral, we will not be able to triage your referral. This may cause delays in scheduling.

PHOTOS:

We appreciate clear, in-focus COLOR photos from multiple distances—far, medium, and close-up. Photos are helpful but do not replace a physical exam description. If your EHR is not set up for direct messaging, images transmit as low-quality black and white. Contact your EHR vendor for help setting up direct messaging.

Single Lesion Suspicious for Skin Cancer

Please refer all patients with a specific lesion that you think might be a skin cancer. We prioritize these referrals.

- Document location of lesion.
- Your level of concern
 - e.g. Low/Med/High
- Specify the suspected type of skin cancer (e.g., basal cell carcinoma, squamous cell carcinoma, melanoma, metastasis, recurrence, or other).
- Note tumor risk factors such as diameter greater than 2 cm, rapid growth, bleeding, black color, ulceration, pain or itching.

Note: Biopsy-proven skin cancers should be referred to Mohs/Derm Surg

Full Body Skin Cancer Screening

*Routine full body skin exams are **not recommended** for the general population per USPSTF guidelines.*

Please refer all patients with a personal history of skin cancer.

We are expediting very high risk referrals:

- History of invasive melanoma, very high-risk squamous cell carcinoma, Merkel cell carcinoma, or metastatic skin cancer.
- Personal history of six or more skin cancers.
- Genetic pathogenic variant.
- Organ transplant recipient.

Note: Unless otherwise indicated, these are assumed NOT to have a *specific* lesion concerning for skin cancer.

Rashes, Hair, And Nail Disorders

- Provide location of condition.
- Indicate the duration of symptoms.
- Describe symptom type and severity itching, burning, pain, or disfigurement
 - e.g. Mild/Mod/Severe
- Include any treatments that have already been attempted.

Cosmetic Dermatology Consults

- We offer cosmetic neuromodulator injections (Botox/Xeomin) and dermal filler injections.
- Cosmetic consultation fees may apply.

Note: We do not provide treatment for dark under-eye circles, chemical peels, CO₂ resurfacing, sclerotherapy.