

For patients: Clinical Research at the University of Vermont and UVM Health	
What is Clinical Research?	Clinical research is research that involves people. This type of research can test new treatments, improve current treatments, or gather information to gain more knowledge about a specific health topic. This information is then used to improve people's health. A clinical trial is a type of clinical research.
Volunteering to be in a Clinical Research Study	Taking part in clinical research is completely voluntary. Deciding whether to participate in a research study is a personal choice. If you are offered to participate in a research study, saying no will not affect your clinical care. If you decide to volunteer for a research study, you can withdraw at any time without penalty.
Research Volunteer Protection	<p>All clinical research taking place at the University of Vermont and University of Vermont Health is overseen by an Institutional Review Board (IRB). The IRB makes sure that your rights and welfare are protected.</p> <p>If you have any questions about your rights as a participant in a research project or for more information on how to proceed should you believe that you have been injured as a result of your participation in this study, you should contact the Director of the Research Protections Office at the University of Vermont at 802-656-5040.</p>
What is Informed Consent?	<p>You must give your permission to volunteer for a clinical research study. You give your permission by reviewing and signing a consent form.</p> <p>This consent form details:</p> <ul style="list-style-type: none"> ▪ the reason for the research study ▪ a description of what your volunteering entails ▪ the risk of volunteering ▪ the benefits of volunteering ▪ alternative treatments ▪ details on how your privacy will be protected ▪ information about if you will receive money for your participation ▪ an explanation of what happens if you are injured because of your participation in the research study ▪ an explanation that your participation is voluntary and that you may withdraw from the research study at any time without penalty

<p>Resources to help you make your decision</p>  <p>About Research Participation What you need to know before you decide</p>	<p>US Department of Health and Human Services Office of Human Research Protections</p> <p>About Research Participation Informational Videos Questions to Ask Regulations to Protect Research Participants</p>
	<p>US Department of Health and Human Services National Institutes of Health</p> <p>NIH Clinical Research Trials and You For Parents and Children</p>
<p>Finding a Clinical Research Study</p>	<p>ClinicalTrials.gov University of Vermont Clinical Research Studies</p>