University of Vermont Health

VM Health VASCULAR SURGERY Referrals/Consult

All referrals must include the most recent visit note and imaging reports. Be sure imaging done outside UVMH is sent to UVMMC Film Library with reports.

We do not accept referrals for the following conditions: Raynaud's/Chilblains; Median Arcuate Ligament Syndrome (refer to General Surgery); ASCENDING aortic aneurysms (refer to Cardiothoracic surgery).

Aneurysms:

Aorto-Iliac

- Order a US Abdominal Aorta-Iliac Duplex
- Descending thoracic aortic aneurysms **do not** require an ultrasound order.
- Ascending aortic aneurysm referrals: refer to CT Surgery, not Vascular.

Lower Extremity

- Order a US Lower Arterial Duplex

Visceral (Renal, Mesenteric, Celiac)

- Order a US Renal Artery Duplex or US Mesenteric Artery Duplex

If other imaging has been completed in the last year these ultrasounds may not be needed.

Carotid Disease:

Carotid stenosis

- If patient has had a TIA, stroke, or amaurosis fugax in the last 6 months please mark the referral as URGENT.

If the results show 1-49% stenosis and the patient is asymptomatic a vascular referral is not indicated.

Carotid bruit, Carotid body tumor or Carotid aneurysm, Fibromuscular Dysplasia

- Please do not refer until a US Carotid-Vertebral Duplex has been completed and shows abnormal results.

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Dialysis Access Fistula:

Creation of AVF/AVG

- Order a US Vein Mapping

Problems with an established AVF/AVG

- Order a US Hemodialysis Access Duplex

PAD/PVD/Claudication:

- If not already completed, please order US Lower Arterial to help establish baseline. Do not order referral until abnormal study results are shown.

Be sure imaging is available for viewing at UVMHN

Rest Pain/Gangrene/Arterial Foot Wound:

If not already completed, order a US Lower Arterial and mark referral as URGENT.

Thoracic Outlet Syndrome:

If one has not already been completed, please order a C-Spine X-Ray 4-5 Views (AP, Lateral, both Obliques)

Uncomplicated Varicose Veins:

- Refer **after** an inadequate response to 3 months of compression AND if they have a desire to discuss surgical intervention.

Order a US Varicose Vein Duplex (not a US Lower Venous).

Chronic Venous Disease:

- H/o superficial thrombophlebitis (chronic)
- Venous stasis changes
- Venous ulcers
- Post-thrombotic syndrome
- Chronic lower extremity edema

Order a US Varicose Vein Duplex to be completed prior to referring.