Community Health Impact Report

2025



University of Vermont Health



A Message from Erin Armstrong
System Director, Health Equity

Our 2025 Community Health Impact Report highlights some of the many ways UVM Health is strengthening access to care and addressing the health-related social needs that shape the well-being of our communities. These efforts reflect more than programs and initiatives; they represent our shared commitment to creating healthier futures for all who call Vermont and the North Country their home. Across the System, our teams have come together with purpose and creativity, working with community partners to elevate local solutions, expand opportunities, and remove barriers to care. As we look ahead, we remain strong in our mission. Together, we will continue to build on this momentum and advance a more just and equitable health system—one where every person can be their healthiest.

Systemwide Highlights

Cross-Cutting Approach

- Hospitals serve as partners, conveners, and backbone organizations.
- Aligning investments through Community Health Needs Assessments (CHNAs), Community Health Improvement Plans (CHIPs), and regional health collaboratives.

Upstream Prevention

- Community education and wellness events delivered with regional partners.
- Youth, caregiver, and family engagement focused on prevention and early intervention, including prevention campaigns reaching caregivers and families at scale.
- Food access initiatives support chronic disease prevention.

Access, Equity & Social Drivers of Health

- Expanded primary care capacity and access to essential health services.
- Invested in transportation, housing stability, and food security supports.
- Training and scaling of culturally responsive and inclusive care practices.
- Equity-focused partnerships addressing structural barriers to health.

Mental Health & Substance Use

- Substance use prevention, screening, and evidence-based treatment integrated into care settings.
- Scaled harm reduction strategies and overdose prevention.
- Community and workforce training to strengthen local response.

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Community Health Investment FY25

$1,223,953
Invested Locally

54,847*
People Impacted

Community Health Needs Assessment (CHNA) Alignment

Health Priority Areas of Investment*

Health Priority Area*	Total Funding	% Total Funding
Economic Stability	$548,215	44.8%
Education Access and Quality	$329,638	26.9%
Healthcare Access and Quality	$910,916	74.4%
Neighborhood and Built Environment	$634,130	51.8%
Social and Community Context	$1,074,381	87.8%

Populations of Focus for Investment*

Population of Focus	Total Investment	% of Total
Black, Indigenous, and People of Color	$508,278	41.5%
Non-binary, Genderqueer, Fluid, Transgender	$43,623	3.6%
People with language access needs	$258,693	21.1%
People with disabilities	$254,200	20.8%
LGBTQIA2S+	$193,623	15.8%
Older adults (age 65+)	$221,200	18.1%
Refugees and newly immigrated individuals	$408,693	33.4%
People experiencing poverty or lower socio-economic status	$1,051,453	85.9%
Youth	$395,387	32.3%

Community Benefit Totals FY24: $402,158,394

These efforts include subsidizing health services, providing health education to the community, investing time and money in our communities and more.

For more information, visit uvmhealth.org/about-us/community-benefit.

Impact Investing

Impact Investing, or place-based investing, is the strategy of using a portion of an organization's investment assets (or capital) to fund projects and businesses within the communities they serve.

Unlike grants, impact investments function as loans with the goal of improving community health and well-being while earning a financial return.

Investment initiatives align with local and regional community health needs and may include affordable housing, BIPOC and women-owned business growth, childcare facilities, healthy food access, renewable energy, job creation and more!

$50,000

Pilot Investment with Operational Funds

*Funds provided at 0% interest to CDFI partners.

*Funds allocated based on health service area population size, adjusted for local health service area poverty rates.

$32K Vermont Community Loan Fund (VCLF)

Justice Forward Fund: Supports Black Vermonters, Indigenous Vermonters and Vermonters of Color.

$18K Adirondack Economic Development Corporation (AEDC)

Adirondack Opportunities Fund: Focused on women and minority owned small business development.

"When regional partners like UVM Health invest in our communities, it helps leverage state and federal funding. For every $1 invested, AEDC turns it into $5 to support local businesses, strengthen essential infrastructure, and help disinvested communities build financial stability. As the only community development financial institution (CDFI) in northeastern New York, AEDC makes sure these investments create healthier, stronger communities—now and for future generations."

- Victoria Zinser Duley, Executive Director, Adirondack Economic Development Corporation, UVM Health Board Trustee



Alice Hyde Medical Center

Alice Hyde Medical Center collaborated with the Adirondack Rural Health Network of the Adirondack Health Institute (AHI-ARHN), Franklin County Public Health and key regional partners to implement the 2025-2027 Community Health Needs Assessment and Community Health Improvement Plan in alignment with the New York State Prevention Agenda. Top priorities AHMC will address for the next three-year cycle are: **Preventive Services for Chronic Disease Prevention and Control, Mental Well Being and Substance Misuse.**

- Partnership with Hudson Headwaters Health Network continues, increasing access to primary care for several hundred new patients this year. New primary care health center on the AHMC campus will expand access in 2026 to mental, behavioral, and primary care for nearly 10,000 residents in the AHMC service area.
- Joined 134 regional multi-sector stakeholders at the UHF (United Hospital Fund) Regional Convening. Continue to engage in collaborative planning and regional prioritization to address gaps across physical, behavioral, and social care needs.
- AHMC piloted successful Pediatric/Youth Health Fair in partnership with the Malone Central School District and 20 community agencies. 25 AHMC staff members donated 200 hours to conduct.

1,000

Students/Family members served by Pediatric/Youth Health Fair.

9

Employees completed Youth Mental Health First Aid training in 2025, and are now certified in Youth Mental Health First Aid USA.

186

AHMC employees trained in RIES - Responding to Intense Emotional Situations.











Central Vermont Medical Center

In 2025, CVMC, in partnership with THRIVE ACH, led coordinated efforts to advance the priority areas identified in the 2022–2025 CHIP: **Chronic Disease Prevention, Mental Health, Substance Use, and Social Drivers of Health.**

As the backbone organization for THRIVE, CVMC supported several notable achievements.

- THRIVE was recognized by the Vermont Public Health Association for its leadership during the 2024 Central Vermont Flood Response.
- THRIVE presented at the UVM Health Equity Summit, highlighting the collaborative's work in rural health, community response, and climate impacts on social needs.

With 2025 marking a CHNA cycle year, CVMC, in partnership with THRIVE, also completed a new CHNA and CHIP to establish strategic direction and collaborative efforts for the coming three years.

CVMC welcomed CVPC into the organization to build on their long history of collaboratively addressing substance use.

- 21 community engagement and/or outreach events in CY25, reaching 677 people.
- 35,112 caregiver-age adults reached by FUTURES VT Talk. They Hear You. campaign.
- 4,500 community members served through Resources and Options for Alcohol Drinking (ROAD) program. 17% of patients who screen positive for AUD in CVMC Primary Care offices received evidence-based, best-practice medications to treat AUD, compared to 2% nationally.
- ~150 Harm Reduction Packs distributed across the hospital.
- 85 community members trained in Narcan use.

13%

Increase in total = households served through CVMC sponsored Vermont Foodbank's Veggie VanGo.

430

Household members served by Healthcare Shares program.

185+

Individual rides to medical appointments through the Community Rides programs, contributing towards increased access to primary care, specialty care and decreased ED readmissions.



Champlain Valley Physicians Hospital

In 2025, CVPH and the Clinton County Health Department collaborated closely with community partners to develop the 2025–2027 Community Health Needs Assessment for Clinton County. The top priority areas identified in this assessment include:

- **Economic Stability (Housing Stability and Affordability, Poverty, Nutrition Security)**
- **Social and Community Context (Primary Prevention, Substance Misuse Prevention, and Overdose Prevention)**
- **Health Care Access and Quality (Preventive Services)**

Survey feedback indicated that housing security emerged as the leading priority, marking a significant shift from previous years.

1st

Community-wide health priority selection session at the MHAB Life Skills Campus, co-hosted by CVPH and CCHD. A CVPH board member and the System Board Vice Chair were in attendance.



96 Patient enrolled in the Diabetes Care Management Program.

50% Of participants achieved a reduction in A1C after six months.

5 ‘Cook with a Doc’ sessions offered throughout 2025 for 25 community participants.







Elizabethtown Community Hospital

In 2025, ECH strengthened its community presence through free wellness events and clinician investments and partnered with the Essex County Health Department to complete the 2025–2027 CHNA/CHIP identifying these top priorities:

- Economic Stability (Poverty; Unemployment; Nutrition Security)
- Social and Community Context (Depression; Overdose Prevention; Tobacco/E-Cigarette Use; Healthy Eating)
- Neighborhood and Built Environment (Access to Community Services and Supports)
- Health Care Access and Quality (Preventative Services for Chronic Disease Prevention & Control)

283

Individuals participated in 15 community health and wellness events hosted by ECH.

109

Hours contributed by staff at student career fair and STEM events.

277

Families with 630 individuals served by the food pantry operated out of the Crown Point Health Center, an 8.5% increase from last year.

23.8%

Increase in participants supported through Wellness RX.









Porter Medical Center

In 2025, PMC increased efforts to advance the health priorities of **access to health care, housing, and mental health and substance use** care through collaborations with community partners, including increasing engagement via CHAT, Addison County's Accountable Community for Health.

- 20% improved patient capacity at Middlebury and Vergennes Primary Care Clinics.
- PMC engaged in events and trainings supporting the LGBTQIA+ community, including proudly walking in the Middlebury Pride Parade.
- Hosted several community events on PMC grounds for partners, including:
  - Addison Independent Maple Run
  - Turning Point Center of Addison County: Hope in Motion 5k and Wellness Fair

1405.5 lbs

Of food donated at Thanksgiving food drive in partnership with New Community Project Food Share Program and HOPE.

228

Gifts provided to children in Addison County through the Giving Tree Program.







University of Vermont Medical Center

In 2025, UVM Medical Center and the Chittenden Accountable Community for Health Teams continued to address health priorities of cultural humility and inclusive health care, housing and mental health and wellbeing. UVM Medical Center additionally worked with partners to complete the CHNA, identifying the following priorities for three years: **Building Community Connectedness, Engaging on Mental Health and Increasing Health Care Access**.

- Rolled out the Hair Equity Project to all UVM Health hospitals, focused on training staff in how to care for a wider variety of hair types and stocking appropriate products. Over 85 staff were trained.
- Provided funding to VAAP (Vermont Asylum Assistance Program) to deliver training to more than 50 shelter, social service, and housing providers, focused on improving service delivery for immigrant communities and offering an overview of the local immigrant services landscape to enhance referral pathways.
- In partnership with the City of Burlington and Champlain Housing Trust (Harbor Place), provided $14,500 of emergency funding to help families at imminent risk of homelessness maintain stable housing and access essential support.

40 Households

Assisted with emergency housing supportive services and housing retention and relocation assistance via CACH Housing Team flexible funding.

$20,000

Towards addressing urgent, unmet housing needs for families in the Winooski School District (WSD).





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Community Health Improvement

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