

Central Vermont Medical Center



2024 Philanthropy Impact Report

October 1, 2023 to September 30, 2024

Central to our community. Caring for a lifetime.

THE
University of Vermont
HEALTH NETWORK
Central Vermont Medical Center

Central Vermont Medical Center (CVMC), founded in 1963, is the primary health care provider for over 66,000 people in our rural region of Vermont. Our hospital, 26 community-based medical practices, and Woodridge Rehabilitation and Nursing are an essential source of high-quality care. Our 245 physicians and advanced practice providers support 24-hour emergency care, and a full spectrum of inpatient and outpatient services. With 1,700 employees, CVMC is the largest private employer in Central Vermont. CVMC is committed to reducing disparities in health care outcomes. Every day we work to create a care environment that honors the diversity of our community, expands cultural knowledge, and adapts services to meet the unique needs of patients, residents, staff, and our community. We work with community partner organizations across the region, including through the THRIVE Accountable Communities for Health Collaborative, to help meet the needs of our most vulnerable Central Vermonters.



BOARD OF TRUSTEES

October 1, 2023 to September 30, 2024

The CVMC Board of Trustees includes community members who are dedicated to helping our medical center achieve high quality compassionate health care services for our community.

Ryan Clouser, DO, FCCM - EX-OFFICIO MEMBER, Campus Advisory Committee Chair, UVM Health Network Medical Group; Chief Medical Officer, University of Vermont Health Network - Central Vermont Medical Center

Connie Colman, RN, BSN, MEd - SECRETARY, (retired) Director of Quality Management, Central VT Home Health and Hospice

Mike Dellipriscoli - Part-time Lecturer, University of Vermont Grossman School of Business, Principal Consultant, Dellipriscoli Consulting

Sunil "Sunny" Eappen, MD, MBA - Chief Executive Officer, UVM Health Network

Erica Metzger Hare - BOARD CHAIR-ELECT, Chief Financial Officer, Aspire Living & Learning

Joyce Judy - BOARD CHAIR, President, Community College of Vermont

Toni Kaeding, BSN, MS

Charles Martel, Jr.

Joan Marie Misek - District Director, Vermont Department of Health – Barre

Mary Moulton - CEO, Washington County Mental Health Services, Inc.

Lisa Muller - VP, Assistant General Counsel & Corporate Secretary, National Life Group & Sentinel Investments

R. Scott Nelson, MD - EX-OFFICIO MEMBER, Campus Advisory Committee Chair, UVM Health Network Medical Group; Physician Hospitalist, UVM Health Network - Central Vermont Medical Center

Anna Tempesta Noonan, BSN, MS - President & Chief Operating Officer, UVM Health Network - Central Vermont Medical Center

Sandy Rousse, CPA - President & CEO, Central Vermont Home Health & Hospice

Paulette J. Thabault, DNP, APRN, JD, FAANP - Immediate Past Chair; Professor and Director, School of Nursing, Norwich University

Building on Our Strengths



As I shared in my annual letter to the community, this year we have made difficult decisions to ensure the long-term sustainability of Central Vermont Medical Center. I know these decisions have brought challenges for our patients, staff, and the communities we serve. Even amidst these challenges, our goal remains steadfast: **to deliver patient centered, high-quality care close to home.**

As we move forward, I want to share with you how we are continuing to invest in the future of health care for Central Vermont, building on our strengths to meet the evolving needs of the people we serve.

- CVMC recently achieved Joint Commission **Primary Stroke Certification**, placing us among the top community hospitals in the country for stroke care. This designation ensures patients can receive world-class care right here, close to family and friends.
- We have **integrated mental health providers** directly into our primary care practices. This ensures patients have access to mental health care in a trusted, familiar setting, breaking down barriers and improving outcomes.
- We are installing a **state-of-the-art linear accelerator** as part of a multi-year effort to upgrade oncology equipment across our health system. This will enhance the precision and efficiency of radiation therapy, reduce treatment times, and increase convenience for patients receiving care in Central Vermont.
- We have **enhanced our ability to care for critically ill patients** by accepting more transfers to our ICU from regional hospitals like Copley and Gifford. This ensures that patients who need a higher level of care are supported by the expert team at CVMC.
- We **expanded our Obstetrics, Midwifery and Gynecology practice** by hiring additional certified nurse midwives. Beginning in early 2025, our midwifery team will provide 24/7 coverage, working alongside obstetricians and family medicine providers to deliver comprehensive, holistic care for patients.

Our donors are critical partners in investing in CVMC's future. Through our Annual Fund and numerous program funds, philanthropy helps CVMC meet the needs of our patients, residents, and families. Many of our efforts are made possible solely through the support of generous donations. As you will see in the following pages, philanthropy is an expression of gratitude that strengthens our impact and connections across Central Vermont.

Your generosity ensures our community has access to cutting-edge, compassionate care for all that live, work, and play in Central Vermont. Thank you for your support.

Sincerely,

A handwritten signature in blue ink that reads "Anna". The signature is fluid and cursive, with a large initial 'A'.

Anna Tempesta Noonan, BSN, MS
President and Chief Operating Officer

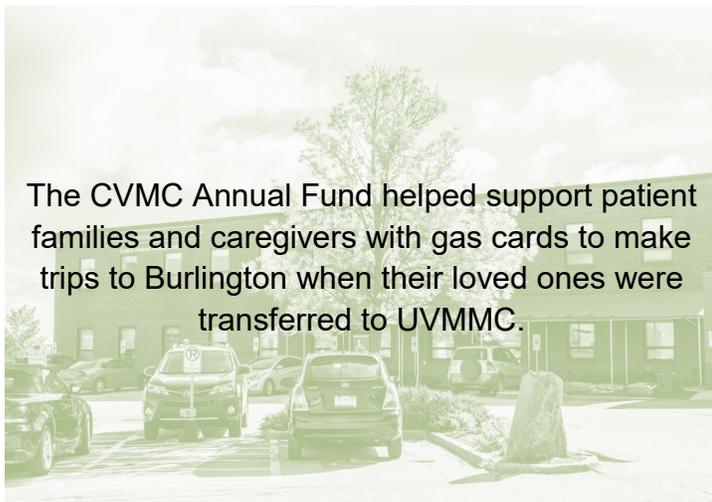
Our Community of Support

As a nonprofit health care provider, CVMC has always benefited from the generous support of our community. Your charitable donations are vital in helping CVMC meet its mission: *Central to our community. Caring for a lifetime.* The philanthropic support of individuals, families, businesses, and organizations has ensured that primary care, acute care, and extended care is accessible and of high quality in central Vermont. Whether you support our Annual Fund, with contributions going to areas of greatest need, or one of our program funds, every donation matters. **In the following pages, we share highlights of philanthropy’s impact on meeting our mission across the breadth of Central Vermont Medical Center’s work.**

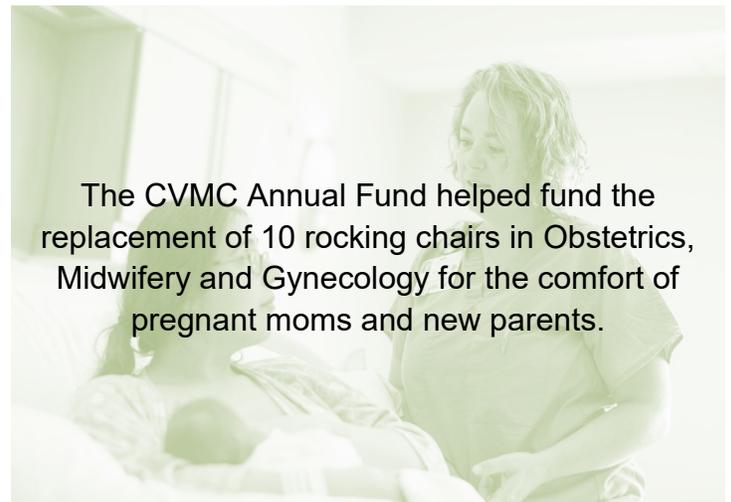


CVMC Annual Fund

Contributions to our **Annual Fund** help CVMC provide trusted, expert care to the patients and residents we serve. Donations to our Annual Fund from our generous community go where they are needed most to help us meet our mission. These contributions support our incredible health care team, as well as vulnerable Vermonters across our region. We are unwavering in our commitment to improving the health and well-being of all people who live, work, and play in central Vermont.



The CVMC Annual Fund helped support patient families and caregivers with gas cards to make trips to Burlington when their loved ones were transferred to UVMHC.



The CVMC Annual Fund helped fund the replacement of 10 rocking chairs in Obstetrics, Midwifery and Gynecology for the comfort of pregnant moms and new parents.



Branches of Hope Cancer Patient Fund

Since 2010, CVMC's **Branches of Hope (BOH)**, the Cancer Patient Fund at CVMC National Life Cancer Treatment Center has supported both routine and unexpected expenses that create a barrier to receiving care. This fund supports patients receiving care in our Medical and Radiation Oncology Unit to help them focus on their treatment and well-being. A cancer diagnosis often means a patient's income is reduced, yet expenses are not. Working with our patient navigator for cancer care, every patient in active treatment in central Vermont who has an urgent need is eligible for support. Each year we support 75 to 100 people.

One hundred percent of contributions to Branches of Hope Fund is dedicated to our patient population. We anticipate requests to BOH to continue to accelerate. Given the economic pressures and growing rates of cancer in our region, it is critically important to continue diversifying the sources of support for this important fund. Our dedicated donors make it possible to meet the ever-increasing needs and costs our patients are facing, and to continue to support integrated wellness services approved by our committee.

U32's 7th Annual Pink the Rink game with proceeds supporting Branches of Hope Fund.



Do Good Fest 2024

The National Life Group 10th annual Do Good Fest® hosted over 6,500 people on its back lawn on July 13, 2024, raising a total of over **\$110,000** split between **Branches of Hope** and youth mental health programs at the **Howard Center**.



For this celebration, National Life Group asked Lawson's Finest Liquids to blend a beverage that gives back.

A dollar from every four-pack of Do Good Brew sold went toward Do Good Fest beneficiaries.



To learn more about Do Good Fest and Branches of Hope Cancer Patient Fund, scan the QR code.





Woodridge Life Enrichment Fund

A gift to the **Woodridge Life Enrichment Fund** supports individual and group activities and entertainment for our residents who love to stay active and venture out in the community. The fund supports everything from movies, dances, and arts and crafts to cooking, brainteaser games, gardening projects, our popular annual Pumpkin Glow and trips to the Mountaineers games. All these activities and so much more are supported by the fund.

Celebrating Pollinators at Woodridge!

Last summer a group of Woodridge residents came together and began planning to create a better sense of community among residents and improve habitat for pollinating birds and insects, especially butterflies. This plan became lovingly known as the “Pollinator Project.”

Along with individual donors, CVMC received support from NorthCountry Federal Credit Union to help make the Pollinator Project a reality. This project is bringing residents together, and helping residents stay active while making a meaningful contribution to protecting our natural habitat.

The 760 square foot Pollinator Garden will be in the open area outside our Ben Falls Dining Room for all to enjoy, with work expected to be completed in 2025.



NorthCountry Federal Credit Union supports Woodridge Pollinator Project.

Nursing and Clinical Pathways Fund

In 2019, CVMC introduced a career advancement pathway to help full-time staff pursue further education while maintaining their employment. This initiative allows participants to work a reduced schedule, retain full pay and benefits, and receive paid study hours. **By offering flexible scheduling, onsite instruction and financial support, CVMC has removed many barriers to help promising, diverse candidates earn new licenses and certifications.** In 2023, UVM Health Network expanded on this initiative by coordinating workforce development efforts across all partner sites in order to improve access, efficiency and effectiveness. As a result of this expansion, the Respiratory Therapy Pathway program and MRI Pathway programs were both launched. **The UVM Health Network Center for Workforce Development** supports employees at CVMC, as well as across the Network, to earn while they learn. Participants in Pathway Programs maintain their salaries and benefits while they study to advance their career and become eligible for tuition reimbursement after program completion.

Many of CVMC's 2021 LPN Program graduates were the first in their family to complete postsecondary education.

Since 2021, CVMC has graduated 33 LPNs and 14 RNs through the pathway programs.

In Fall 2024, the CVMC program expanded to include other Vermont partner hospitals as the UVM Health Network LPN Pathway Program.

Class of 2024 RN and LPN graduates for nursing





Health Care Share Fund

The **Health Care Share Fund** helps support our partnership with the Vermont Youth Conversation Corps (VYCC) as we connect our patients to fresh, organic food grown at the VYCC farm, powered by youth engagement. Contributions to this fund have helped to increase access to local food for Vermonters experiencing chronic health issues, diet-related illnesses, and food insecurity.

- ◆ Our partners at VYCC provide **167 shares** to CVMC patients every week for **19 weeks June through October**.
- ◆ The program engaged **167 patient families** (reaching > 400 individuals) from all over Central Vermont, about **49% of whom have children**, and **over 50% of whom have someone 65 or older** in the household.
- ◆ CVMC and VYCC had widespread enthusiasm for the program overall: **99% of participants** said that they would definitely want to participate again.



“It has been a blessing to me. My last medical appointment was very good. I have lost 16 pounds since eating the vegetables and eating the right way. My blood glucose was normal compared to the last four months.” - Health Care Share Participant



Central Vermont Prevention Coalition (CVPC) is a multi-stakeholder coalition established in 2015 through CVMC’s Emergency Department to help build strong, healthy communities free from the harms of opioid and other substance misuse. Using an innovative approach of 'no wrong door, no wrong time to get help and support, and to prevent the initiation of substance use,' CVPC strives to build strong, healthy communities free from the harms of opioid and other substance use.

ACCOMPLISHMENTS



30% decrease in fatal overdoses from 2021-2023



21 NaloxBoxes installed, 275 people trained in OD prevention



7 local and national presentations



Secured \$3.2M for substance use work since 2020



UVMHN adaptation of AUD treatment pathway for high-value care pilot



Ongoing research with UVM EM Research Institute.



1 new Crisis Intervention Team with MPD



2 new low-barrier treatment pathways created for OUD and AUD



1 Anti-Stigma Media Campaign reached 53,168 people a total of 381,868 times

To learn more about CVPC please visit: www.cvprevention.org

Health Care Scholarship Fund

Each year, CVMC awards up to **eight \$2,500 scholarships** to high school students and adult learners in central Vermont who have been accepted at an accredited school for study in a health care profession. Originated by the CVMC Auxiliary, the scholarship continues with a selection committee of former Auxiliary members and CVMC staff.

2024 Scholarship Recipients:

Kacie Audet, Alyce Bradshaw, Estherline Carlson, Randi Dudley, Emma Eggleston, Aidan Munding, Katelyn Roberts, Rachael Zangla.

“The CVMC scholarship has made a great difference on the financial burden of going back to school. If didn’t have it, I probably wouldn’t have pursued completing my degree at the ripe old age of 58. This generous gift opened up that possibility and I am grateful!”

- 2023 Health Care Scholarship Recipient

Palliative Care Fund

This fund helps support the extraordinary efforts of our palliative care team. Our expert team manages comfort care with an **emphasis on symptom management**, as well as **care for the emotional and spiritual needs** of patients with serious illnesses. Our team focuses on improving the patient and family experience so that their hospital stay or final journey is one of peace and comfort. Contributions to this fund help make that happen.

Meghan Couture Fund



After the untimely passing of Meghan Couture in 2017 at the age of 20 from a rare cancer, Meghan's family was inspired to give back to those who had comforted them during their most difficult time. Their wish was to support future patients and their families who, like them, benefit from the Sun Room at CVMC for end-of-life care. Initially, donations made in Meghan's honor were used to fund a new sound system for the Sun Room, as music brought Meghan significant comfort during her final days.

Wishing to continue honoring her memory, Meghan's family created **Meghan Comfort Bags**. These thoughtfully assembled bags contain full-sized toiletries, bringing the comforts of home to families caring for loved ones at the end of their lives. For seven years and counting, Meghan's family and friends have raised funds and personally assembled these bags for anyone in need while at CVMC. Their hope is to provide comfort to families during challenging times.

This heartfelt effort not only honors Meghan's memory but also beautifully reflects CVMC's mission: *Central to our Community. Caring for a Lifetime.*

If you are interested in learning more about Meghan Comfort Bags program or Palliative Care Fund, please contact CVMC Director of Development Barbara McAndrew at 802-371-4311.



DONORS TO CVMC

CVMC gratefully acknowledges our generous community of donors. The gifts listed below were given from October 1, 2023 to September 30, 2024. *Deceased

Anonymous

Kathy Andrus and Robert Andrus

Alice Angney and Richard Angney

Joy Armstrong

Stephen Bailey

Katherine Borne and Albert Borne, Jr.

Marie Brock and Thomas Brock

David and Cathy Brown

Rob Buck

Rodney and Sandra Buck

Karen Burnor

David Burrus

Laurie and Jack Callahan

Sheila Calevro

Alexander R. Cameron

Gay Campbell

Lynne Cardozo

Robyn Carr-Lafayette

Deborah Caruso

Rita Caslani

Michael and Anne Cassidy

Bill and Cynthia Catto

Annette Chapman

Adam Charbonneau

Tanya and Shawn Cheney

Jacqueline Anne Chouinard

Brenda Clarkson

David Clauss, MD and Lynne Clauss

Thomas Clougher and Sandra Clougher

Ryan Clouser, DO and Kristin Clouser



Stephanie and Chuck Colton

Catherine Couture

Ingrid Cox

David Curtis

Sarah Davies, MD

Lily Deforge

Donna DeFreitas

Michael and Suzanne Dellipriscoli

Mary Denny and Bradford Denny

Diane Derby

Shaun Donahue

George P. Drew*

Diane Dufresne and Paul Dufresne

David Duke*

Merle Dwyer

Elizabeth Ethridge

Allyson Evans

Teresa Fama, MD

Joyce Farnsworth

Sandra Farrell and Michael Farrell

Joan Farrell

Stephen L. Finner

Kelly A. Fournier

Barbara and Russell Friemann

Jennifer Funk-Weyant

Loretta Gaidys and William Gaidys, MD

Manuel M. and Mary Garcia, Jr.
 Jennifer Gelbstein, MD
 Linda Gilman
 Bonnie Giuliani
 Jennifer Gochey
 Scott Goldsmith
 Catherine O. Gram
 Kay Gregoire
 Elizabeth A. Grupp
 Warren and Barbara Hagy
 Leslie Haines
 Katie Hall
 Erica Hare
 Eduardo Hernandez and Carol Green-Hernandez, MD
 Chad Hewitt
 Therese Hinckley
 Karen Hinsman and Carl Hinsman
 Rio Howard
 Jon Hutchins
 John Hyslop
 Timothy Janawicz
 Jean Jantz
 Arthur Johnson
 Janet Johnston and Kenneth Johnston
 Joseph Johnston, MBA and Cori Johnston
 Lt. Col. Donald G. Jones
 Hilarie B. Jones
 Robert Jones, Jr. and Rebecca Jones
 Joyce and Benjamin Judy
 Toni Kaeding, BSN, MS and John Kaeding, MD
 Richard Katzman, MD and Bonnie Katzman
 Michael Kelly

Tina Kennedy
 Jeanne Kern and Edward Oravec
 Sandra Kessenick and Lawrence Kessenick
 Nancy Knorr
 Edward Koenemann and Dona Koenemann
 Lori Koettters and Brian Smith
 Dawn Lacroix and Paul Lacroix
 Lori and Bruno Lacroix
 Lisa M. Lamdin
 Joan Landry
 Jeanne M. LaPerle
 Ellie Laymon
 Joe Lee
 Marc Letourneau
 David and Nancy Lewis
 Brian Lindner
 Linda Livendale and Charles Livendale
 Michele Lopez
 Nancy Lothian
 Linda Lunna and Richard Lunna
 Heidi MacAskill
 Joe and Sheryl Marcoux
 Linda Marrier and James Marrier, Sr.
 Charles Martel, Jr.
 Patricia Martin
 Erin Maughan
 Wilbur and Marlene McAllister



DONORS TO CVMC

Barbara McAndrew

Glenn McElwain

Stewart McLean and Sheila McLean

Jane McTigue and Steven McTigue

Judith Melby and John Melby

Christopher Meriam, MD and Patricia Meriam

Edith Miller

Rebecca Miller

W. John Mitchell, II

Winston Glenn Moore

Julia Morgan

Julie M. Morse, RN, BSN

Lisa Muller

David Mullett

Helen Myers

Linda Nelson

Anna T. Noonan, BSN, MS

Mary Nucci

Jean and George Olson

John Ordway & Molly Power

Kimberly Patnaude

John Pauly

Eleanor Perreault

Nancy Phelps

Wilaiwan Phonjan and Timothy Azarian

Richard Piliero and Karen Cuthbert

Robert Pope and Nancy Pope

Barbara Powell and Bret Powell, Esq

Arlene Preston

Donald Provasi

Mary Putnam

Diana Putnam and Luther Putnam, III

Susan Rau and Edward Rau

Peter Rawes

Carolyn Raycraft and Hugh Raycraft

Anita Ristau

William Rooney

Sandra Rouse, CPA and Edmond Rouse

Bonnie Sartwell

Richard Scott and Wendy Scott

Lorna Shackleton

Patricia Singer

Evan Smith

Barbara Stone

Diana Stone and Brian Stone

Frederick Strong

Floyd Stuart and Patricia Stuart

Estelle P. Tanguay

Peter Tenbeau and Alice Tenbeau

Paulette Thabault

Lisa and Bob Thorn

Aimee Tow

Anne Treadwell

Joni Verchereau

Cheryl Walker

Helen Weed

Patricia Wells

Sheila R. Wheeler

Paul H. White, Sr.*

Leslie Wilcox

Patricia Wiley

Beverly F. Wilmott*

Alan L. Zaur, MD

William and Sally Zoppo

Sylvia Zuanich

Gifts made to CVMC in Honor or Memory of:

Judy E. Barney

Kathleen R. Connor

Meghan E. Couture

Mark R. Depman, MD

Johannah E. Driscoll

Shirley Eagan

Jean Farrell

Jemma Garcia

James P. Garvey

Lynda A. Gilwee

Katie Hall

Frederica Jones

Esther A. Lavin

Alton L. Lothian

Priscilla C. Maxfield

Roxanne Mayberry

Kimberly K. Parrott

David S. Peebles

William Plouffe

Samuel Potter

Ruth W. Rand

Emerson W. Shedd

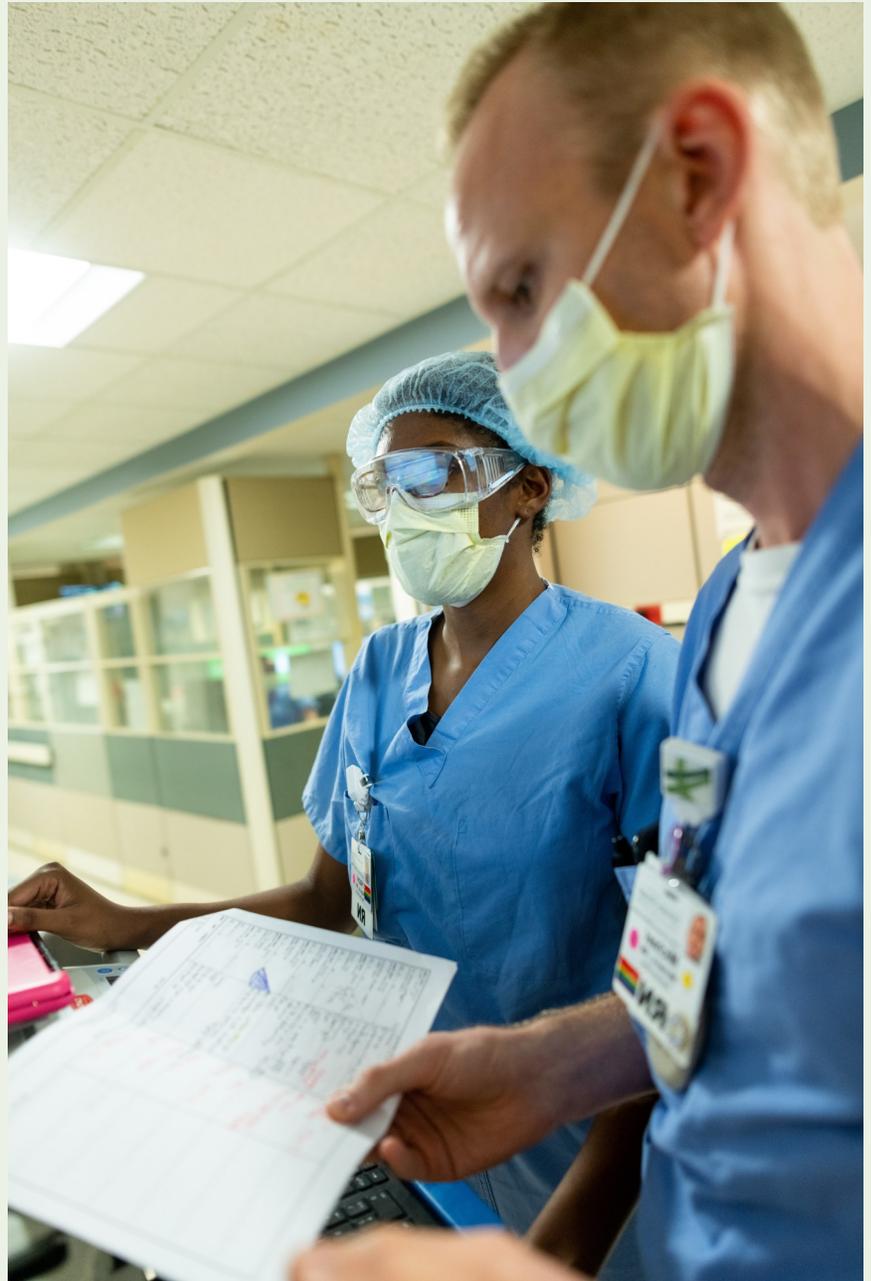
Donna M. Stacy

Charlotte A. Teese

James A. Wood

Nurses and rehabilitation caregivers
at Woodridge

Inpatient Psychiatry Team at CVMC



Corporate and Foundation Supporters

800response

Alex and Lou Smith Charitable Trust

Amos C. King Trust

Bella Henry Irrevocable Charitable Trust

Campbell Memorial Irrevocable Trust

Casella Waste Systems, Inc.

Charity Chapter #57

Community National Bank

Connor Contracting, Inc.

EastRise Credit Union

Everett H. Wyman Trust Memorial Fund

Farrington Construction

Fecteau Residential, Inc.

Ferris Family Trust

Future Planning Associates, Inc.

Hannaford Charitable Foundation

Harvey's Plumbing & Excavating, LLC

Harwood Union Ice Hockey

Hunger Mountain Food Cooperative

Laurence C. Campbell Irrevocable Trust

Lawson's Finest Liquids

Leith M. E. Irrevocable Charitable Trust

National Life Group

National Life Group Charitable Foundation, Inc.

NorthCountry Federal Credit Union

Shaw's Foundation

Vermont Mutual Insurance Group

Vision Service Plan

U32 Ice Hockey

Union Mutual of Vermont Companies

We Thank You!



Leave a legacy for Central Vermont

Supporting charities that you are passionate about is a wonderful way to help valued organizations sustain their work in the future, and for you to make a lasting impact. Through our Generations Society, you can be certain that your legacy gift will be used effectively to serve future generations.

Your planned gift is an opportunity to create a legacy that will impact the future of our patients, families, and residents for many years to come. A gift through your will or trust helps you make an important contribution to CVMC while also providing the comfort and security of retaining your assets during your lifetime. Scan the QR code below to learn about the different gift options available. We will work with you to create a charitable plan that fits into your family's financial goals while supporting the work of Central Vermont Medical Center.

Gifts by Will or Trust

Planned gifts such as bequests, living trusts, and charitable gift annuities allow you to arrange for future gifts to CVMC. To make a planned contribution, please contact Barbara McAndrew, Director of Development at 802-371-4311. To learn more about planned giving opportunities, visit www.uvmhealth.org/about-uvm-health-network/planned-giving or scan the QR code.



WAYS TO GIVE AT CENTRAL VERMONT MEDICAL CENTER

CREDIT CARD

Gifts to CVMC may be made via credit card at any time online at: cvmc.org/donate or by scanning the QR Code.

You may also provide your credit card information by phone to our development team at 802-371-4464.



CHECK

Please mail your check to:

Central Vermont Medical Center
Office of Development
P.O. Box 547
Barre, VT 05641

*Please note the name of the fund you wish to support in the memo line.

STOCK AND OTHER SECURITIES

To make a gift of appreciated securities to CVMC, please contact Michael Costello at 802-656-4304 or michael.costello@uvmhealth.org.

WIRE TRANSFER

To make a gift via wire transfer to CVMC, please contact Michael Costello at 802-656-4304 or michael.costello@uvmhealth.org.

FOUNDATION AND CORPORATE GRANTS

Charitable foundations and corporations that wish to explore grant-making and partnership with CVMC may contact Barbara McAndrew, Director of Development at 802-371-4311.

Gifts are tax-deductible to the extent permitted by law.

CVMC is a nonprofit 501c3 organization and our EIN is 22-2547186.

CVMC OFFICE OF DEVELOPMENT TEAM



Barbara McAndrew

Director of Development
barbara.mcandrew@cvmc.org
802-371-4311



Kate Arslambakova

Development Coordinator
kate.arslambakova@cvmc.org
802-371-4464

CENTRAL VERMONT MEDICAL CENTER

Office of Development
P.O. Box 547
Barre, VT 05641

PHONE

802-371-4311
802-371-4464

To find more information, please visit

UVMHealth.org/CVMC
or scan the QR code below



— THE —
University of Vermont
HEALTH NETWORK

Central Vermont Medical Center



UVMHealth.org/CVMC