

Melon with Lemon and Mint

Ingredients

1 melon, any type (if watermelon, choose a smaller one), to yield 3-4 cups of melon cubes

4-5 fresh mint sprigs, to yield 1/4 cup finely chopped mint

Juice of 1/2 of a fresh lemon (1-2 tablespoons)

Instructions

1. Cut melon into cubes. Place in a medium size bowl.
2. Strip and/or pluck mint leaves off of stems. Chop leaves into small pieces.
3. Juice the 1/2 lemon with a fork, or a citrus juicer. Pour the lemon juice over the melon and mint.
4. Mix all the ingredients well with your hands or with a spoon.
5. Chill and serve! You can top this dish with berries, if available, or serve as is.

Makes about 4 servings



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