Oncology Patient and Family Support—Online and by Phone

The Frymoyer Community Health Resource Center at the University of Vermont Medical Center offers a listing of reputable online and phone support groups, networks, and communities including one-on-one peer support for oncology patients and their families.

**AMERICAN CANCER SOCIETY—CANCER SURVIVORS NETWORK**
Join our online community by and for people with cancer and their families. Find and connect with others through our member search, discussion boards, chat rooms, and private CSN e-mail. Create your own personal space to tell us about yourself, share photos, audio, etc, start an online journal (blog), contribute resources, and more.
https://csn.cancer.org/

**CANCERCARE—ONLINE AND PHONE SUPPORT GROUPS**
Connect with others in support groups for cancer patients, loved ones and people who have lost a loved one, led by oncology social workers. Includes phone support groups for specific types of cancer.
https://www.cancercare.org/support_groups

**VERMONT CANCER SUPPORT NETWORK—KINDRED CONNECTIONS PEER SUPPORT**
Peer support for all those touched by cancer. Kindred Connections volunteers provide support and encouragement to cancer survivors. Survivors who have gone through similar experiences can offer a special kind of support. We can provide one-to-one assistance in person, by phone, or e-mail.
To make a connection email info@vcsn.net or call 802-552-3239

**FOR MORE INFORMATION**

**FRYMOYER COMMUNITY HEALTH RESOURCE CENTER**
Level 3, Main Pavilion, Main Campus
111 Colchester Ave.
Burlington, VT 05401

**HOURS**
Monday – Friday
8:00 am – 4:30 pm

**PHONE**
(802) 847-8821

**EMAIL**
ResourceCenter@UVMHealth.org

**WEBSITE**
UVMHealth.org/MedCenterCHRC
ONLINE AND PHONE SUPPORT FOR SPECIFIC CANCER TYPES

BREAST CANCER — NATIONAL BREAST CANCER FOUNDATION
Our own Beyond the Shock online community is a free resource where members can ask any question about breast cancer and get answers from fellow survivors. It’s a safe place to share your story, and be encouraged by the stories of others. You can also learn all about breast cancer through informative videos and easy-to-read articles.
http://www.beyondtheshock.com/

COLON CANCER — COLORECTAL CANCER ALLIANCE
Connecting with other patients, family members, and caregivers at different stages of your journey can be a helpful way to find support and get answers. There is nothing like talking to someone who has been through a similar situation. If you need help, or would like to provide hope and help to someone going through colorectal cancer, please join us for our support group chat.
https://www.ccalliance.org/patient-family-support/patient-family-support-group-chat

LEUKEMIA AND LYMPHOMA — LEUKEMIA & LYMPHOMA SOCIETY
We are a community of blood cancer patients, survivors and caregivers. We’re here to support you, give you trusted information and resources, and help you feel connected. No one should have to face a blood cancer diagnosis alone. Features include online chats, peer-to-peer support, and an online community.
https://www.lls.org/support-resources

LUNG CANCER — GO2 FOUNDATION FOR LUNG CANCER
Find powerful connections, purposeful collaboration, and valuable resources through our online support communities.
https://go2foundation.org/resources-and-support/patient-communities/

OVARIAN CANCER— NATIONAL OVARIAN CANCER COALITION
The National Ovarian Cancer Coalition CancerConnect Community is for everyone whose life has been touched by ovarian cancer. It is a place where you can safely voice your ideas, thoughts, and concerns, benefit from the experience of others, and most importantly, realize that you are not alone.
http://nocccommunity.ovarian.org/

PANCREATIC CANCER — PANCREATIC CANCER ACTION NETWORK
Offers support to patients, families, and caregivers through online support groups, telephone support groups, and an online community.
https://www.pancan.org/facing-pancreatic-cancer/resources-support-and-research/support-groups/online-support-groups/

PROSTATE CANCER — US, TOO (RECOMMENDED BY THE PROSTATE CANCER FOUNDATION)
Offers an online support community and phone conversation groups.
https://www.ustoo.org/Join-An-Online-Prostate-Cancer-Support-Community
https://www.ustop.org/Join-a-Phone-Conversation